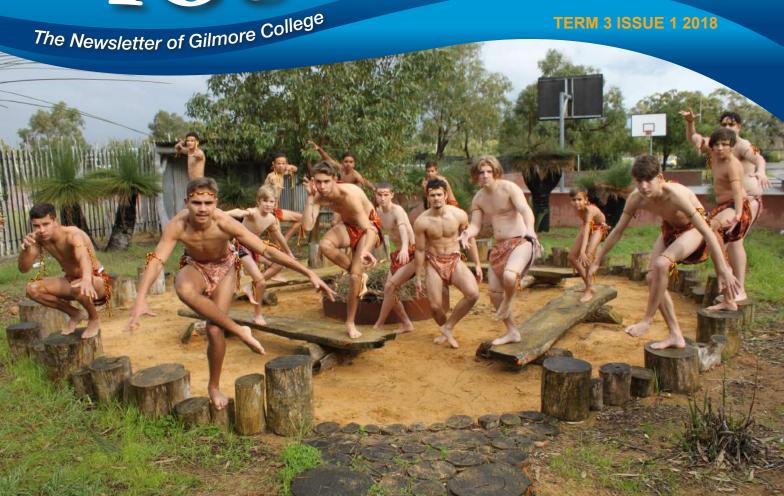
An Independent Public School







# Dancing to the Tune of NAIDOC

This Term both Bertram and Armadale Primary Schools celebrated their NAIDOC Day by hosting our Gilmore College Cultural Dance Group at their respective assemblies.

The performances have been a fantastic community engagement activity for our boys.





# Term 3 contains two of my favourite weeks of the year - the recently completed NAIDOC Week and the upcoming Literacy Week. When you throw in our activities around RUOK? Day, supporting mental health and the Whole College Athletics Carnival, it makes for a pretty fantastic term of "event based learning" for all of our students.

This year we pushed our NAIDOC Week celebrations back by a week to capitalise on the potential for better weather and the weather did indeed deliver. Late on Friday 10 August, Orelia Oval was bathed in sunshine as both our men's and women's staff versus student football matches took place. Earlier on in the week students were treated to kangaroo stew and burgers, a re-telling of the Mulka Story by Ash and Kelly Collard and our annual Whole College NAIDOC Assembly.

You can imagine how proud I was of the 40 students from our Clontarf and Deadly Sista Girlz Academies, who danced in front of the whole school. Last year, this began with just 7 boys in their senior school years and has stretched to girls and boys throughout the whole college. The theme for 2018 was "Because of Her, We Can" and in my address to students, I presented a certificate to Year 9 student Shakaylee Wallam, who was recently named City of Kwinana NAIDOC Young Person of the Year, while also acknowledging the numerous Gilmore College students who won awards in the recent LyriK Award presentation.

# From The Principal

The main point of my address was to pay tribute to four mothers (three from Kwinana and one from elsewhere) and their individual journeys, raising children and grandchildren in our community. Most importantly, having won the lottery with my own Mum, this seems like a good point to thank all of our Gilmore College mums, grandparents and dads who put so much effort into getting their students to school, in uniform and ready to learn. Those who prioritise the needs of their children over their own needs and make sacrifices to pay school contributions and charges and excursion costs, as well as providing the materials needed for learning. Well done to you all.

Our Year 12 students are well and truly into the last leg of their schooling journey and while it is an intense time, it will really only last another two months. Every year around about this time, I make a reference to "leaving no stone unturned" in preparation for the last portion of Year 12. The benefits are immediate and long lasting - they will have a WACE, an ATAR that arms them for university success, a nationally recognised qualification in the form of a Certificate I, II, III or IV, but most importantly, they will have a work ethic and commitment skills that will set them up for future study, employment and life. 2018's class of Year 12's are the biggest group of students to complete their high school studies at Gilmore College/Kwinana SHS, ever. 140 young people, making it through the local high school and setting themselves up for their best chance at a bright future, is a big news story for any school. Congratulations to these trailblazers and their families who helped them get to the line.

On that note, I'd like to wish all of our Year 10, 11 and 12 students still to sit OLNA tests this month all the best. The **Online Literacy and Numeracy Assessment** is a key part of the WACE requirements and we have purchased a suite of practice tests to assist students in their preparation. If your child is in need of some OLNA revision, other than the after school preparation classes being run regularly at the school, please put them in contact with their Student Services Manager Ms McCaig who has the details required for logging into the practise tests, both at home and at school.

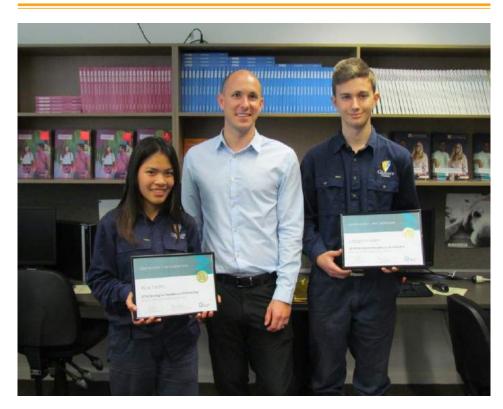
At the time of writing, we are waiting to receive the results for the NAPLAN tests undertaken in May by our Year 7 and 9 students. You may have seen the reports in the media that there is concern among educators around comparing the results of paper and pencil test sites (Gilmore College is one of those) and schools who undertook the tests online. Needless to say, we will be able to provide your child's results as soon as they come to hand.

Despite other reports that preparation for undertaking tests online in 2019 is on hold, I can confirm that we

are pressing ahead with the support of the Education Department of Western Australia, in setting our students up for their best chance of NAPLAN online success. We will be using Chromebooks (provided by the College) to conduct the 2019 NAPLAN and there are a range of practise opportunities for staff and students in the lead up to these tests, to make sure that everyone is best prepared. A recent \$30,000 grant from the Department has been used to boost wireless speeds/capacity in our test venues and purchase headphones and other equipment required to undertake the tests. Staff have also participated in Professional Learning to commence their own preparation.

In closing, I look forward to seeing as many of you as possible at our **Whole College Athletics Carnival** on Friday 31 August. This is always a great day on our annual calendar and culmination of a lot of hard work by our Physical Education staff. A free sausage sizzle is provided for all staff, students and carers who attend on the day.

Rohan Smith Principal



Rica Marie Tobillo, Raymond Klein from Quadrant Energy and Joseph Malekin



Scholarships were presented to Joseph Malekin and Rica Marie Tobillo by Raymond Klein, Production Superintendent Oil Assets Quadrant Energy.

Our four scholarship winners will be traveling to Quadrant Energy headquarters in Perth later this month, to see just how operations work in the Oil and Gas Industry.

Patrice Kilpatrick Industry and Enterprise Coordinator On the first day of the program, we were given a tour of their work place. They had a variety of work spaces like pods to separate yourself from others. separate rooms that are big and small depending on how many people you're wanting to work with as long as you are focused and on task, and creative spaces that have pin-boards as a "get creative time".

I was informed that the purpose of these spaces is that certain parts of the offices are to open new ideas and thoughts, as you go and spend time there and so that you don't get bored of what you're doing and where you are at

you're doing and where you are at the office. We also did an activity called "Corporate BINGO"; it wasn't the normal BINGO as instead of numbers it was descriptions of what people do/like to do and you had to find people in the room that matched the different descriptions. This activity was a great way to show myself and the other students how diverse a workplace can be.

After lunch, we were divided into groups, where we then participated in the following activities: Land development (drainage model build), HR (safety), Marketing and Communications (design your own tweet and hashtag), Geo-Technical Engineering (learning about clay and rocks) and Advisory services (project management).

On Thursday, the highlight of this day was the "bridge building activity". We were divided into 6 groups and were challenged to build a strong and stable bridge. At the end of the activity, we put our bridge to the test and put





# **ARUP** Work Inspiration

On the 13, 14 and 15 June, 30 Year 10 students participated in the Smith Family Work Inspiration program at ARUP in Perth. The purpose of this program was to inform us about the many different areas of engineering and how each person plays a vital role about what it takes to be a part of the ARUP team.

weights on them to measure how strong they were. After lunch, we were given the opportunity to explore further the areas of ARUP. We were divided into groups to learn the roles of different people who work in the workplace such as, Transport Planning, Building Services, Building Structures, BIM & VR (Building Information Modelling and Virtual Reality) and Information Technology.

On the final day, we did a site visit at the Elizabeth Quay Pedestrian Bridge to ensure that structure itself is safe, well and in working order. After morning tea, all students were required to make a "career board" explaining and showing things we like about ARUP and the highlights of our experience during the program. When we did finish the "career board" we were to do a 60 second presentation for the staff and just tell them about our poster and the things we enjoyed at ARUP. Lastly, before we left the building, we were given one last activity that is dedicated to the students; across

the world who are finding it hard to learn and study every single night because they don't have a light. From there we were given a torch called "Solar Buddy" that we had to make and send to Papua New Guinea. After putting the torch together we had to write a letter to the person who would accept the torch with words that would encourage them to go on with life no matter what happens. It gave us great experience and emotions to be able to be able to share the light that we have to other people who don't.

For me, the highlight of the whole thing is the office itself.

The staff from ARUP are really friendly as well as hard working, the Instagram-worthy aesthetic workplace somehow motivated me to work more and as activities were given to us, I was more into it than I ever would if I did work at an office. The greatest bonus that came along with the inspiration program is the food served to us. It was remarkably delicious and inviting, I'm pretty sure there were no left-overs as all the students had the freedom to get seconds and thirds. This 3-day program gave us the information and experience about the fields of engineering and what it would take to be a part of the team at ARUP.



I would like to thank The Smith Family for giving us the opportunity to be inspired by the wonderful staff at ARUP.

Sue Agnete Year 10 Student

# Gilmore College is full of LyriK Legends

The LyriK Awards is an event that the people of Kwinana look forward to each year. It is an opportunity for our young people to be recognised for outstanding contributions to their community under the categories of Leadership/Role Model, Mateship, Achievement, Inspiration, Teamwork and Respect.

The award night fell on the evening of the last day of school in Term 2. The audience, which included Mr Smith, Ms Lobb, Mrs Dickman and myself, had the privilege of being entertained by talented performers from The King's College while waiting to hear who had won the awards.

It was not a surprise that many of the nominees were our very own Gilmore College students and as a result, so were many of the winners.

The LyriK program is an initiative of the City of Kwinana and proudly sponsored by Alcoa and Coogee Chemicals.

Gilmore College Winners of The 2018 LyriK Awards. Category winners are as follows:

**Travis Corkill** Inspiration **Brayden Kelly** Inspiration **Shakavlee Wallam** Leadership **Desmond Franks** Leadership Chè Reid Respect Jaxson Maksimovic Respect **KIC iWomen Project - Gilmore College Teamwork Jermaine Pickett Progress Award Michellie Jones** Young Person of the Year

Congratulations to everyone who was nominated; we are very proud of you all.

Lesley Brown - Teacher, Humanities and Social Sciences





Shakaylee Wallam

KIC iWomen Project

Jaygo Lawrence & Jaxson Maksimovic









# Dancing to the Tune of NAIDOC

This Term both Bertram and Armadale Primary Schools celebrated their NAIDOC Day by hosting our Gilmore College Cultural Dance Group at their respective assemblies.

The past three weeks have seen twenty boys participate in rehearsing traditional Noongar dance routines such as the Yonga (Kangaroo), Waitj (Emu), Djity Djity (Willy Wagtail), Spirit and Yumbi Dance. The lessons have been taken during our Year 11 and 12 contact time, every Wednesday morning with local Noongar Elder Nigel Wilkes. Nigel's leadership is infectious and his strong beliefs in Culture has had a major impact with our younger members of the dance group and some of the senior boys who have performed for a few years now.

The performances at Bertram and Armadale Primary Schools were exceptional. I was very proud of the lads in how they represented the College and the Foundation. The feedback I received from students, teachers and parents have been nothing short of amazing. The photos tell it all. I am really looking forward to the Gilmore College NAIDOC week celebrations and if the performances of the past month are a measure of success I believe we are in for a great week.

A special thank you to Catherine Stott, Deputy Principal Bertram PS, Fiona Blundell, Principal and Grant Moir, Deputy Principal of Armadale PS for allowing the Gilmore College dance group to perform at your NAIDOC Day assemblies. We certainly look forward to building strong positive relationships and empowering people through Culture and Community.

It's extremely rewarding to know that the work we all do, has the ability to help develop a child throughout their journey in life.

I would just like to thank all Gilmore College staff for their flexibility in allowing us access to the boys for all the rehearsals and assemblies they have attended this term. Your support for every student at Clontarf is well appreciated and I thank you for all your effort. It's extremely rewarding to know that the work we all do, has the ability to help develop a child throughout their journey in life.

The performances have been a fantastic community engagement activity for our boys and I have seen firsthand growth in self-esteem, confidence and the development of strong leadership qualities amongst the group.

These positive outcomes help build the capacity in each and every young man and by doing so equips them to participate more meaningfully in society. Thank You.

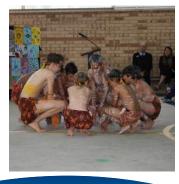
Craig Civich
Operations Officer - Clontarf Academy

These positive outcomes help build the capacity in each and every young man and by doing so, equips them to participate more meaningfully in society.













# Interschool Debating Competition 2018 – Round 2

On 22 June, our Year 9 Debating Team attended Round 2 of the Interschool Debating Competition, held at Harrisdale Senior High School. We were the Negative Team, debating the topic "Australia's population is already big enough", against the home team of Harrisdale.



Angela James, Taryn Gibbs and Keana Ireland

When we first arrived at the school we were quite intimidated with the amazing facilities and the green landscapes, but we had been preparing for this debate for a month, and we were quietly confident.

Our first speaker, Angela James, set our parameters. Taryn Gibbs, our second speaker, elaborated on our argument. Third speaker, Keana Ireland, summed up our points and rounded out our argument. Our timekeeper, Michaela Van Lit, ensured everyone was keeping to the time limit. The Harrisdale team spoke well, but they could not compete with our structured points, challenging rebuttals, and our team tagline "The bigger the population, the stronger the nation"

When the debate was over we waited with baited breath to find out the results and... We had won! Later we discovered that our team received the highest team score of the day, beating every other team, including the older Year 10 debaters.

Our students were a testament to the dedication and professionalism we can expect from Gilmore College. They represented the College admirably and showed the other schools how great it is to be a Gilmore student.

Nicole Leslie - Teacher, English

# McDonald's

On Monday 13 August, students from Year 12 General Geography went on a field trip to local McDonalds stores. Students visited McDonald's Success, Freeway Northbound and Kwinana.

While there, they conducted surveys of the customer demographics, observations on walk in compared to drive through and sketches of the store layout. Students compared stores to see the effect of globalisation and glocalisation, as they have been studying the role

of transport and technology in the diffusion of the transnational corporation.

They found that the layout varied between stores, all had been updated to include self-service kiosks and the Kwinana store was targeted to a younger market. Students conducted themselves respectfully and made keen observations as upcoming geographers.

Constance Chipper Teacher - Humanities and Social Sciences



# Geographers Day Out

On Thursday 26 July, the Year 12 ATAR Geography classes from Gilmore College and Rockingham SHS travelled up to Perth

city to explore some of the wonderful places our city has to offer.

We enjoyed visiting Elizabeth Quay, the new Perth City Link and Yagan Square and were able to experience first-hand the new developments that out city has to offer. We caught the CAT bus out to East Perth, walked through the beautiful Victoria Gardens, down to the newly opened Matagarup Bridge that connects to Optus Stadium.

Our day ended with an informative and interesting talk at the Department of Planning by Tim Hillyard. Thankfully the weather behaved itself and a fun and exhausting day was had by all.

**Shannon Daly** 



# **Swan Valley Wines**

On Thursday 2 August, braving cold winds and driving rain, the Year 11 ATAR Geography students went on an excursion to the Swan Valley to determine what factors have affected the diffusion of the production and consumption of wine in Australia.

Our first stop was the Sandalford Winery, where students were shown the wine making process, from grape to table and informed of the origin and distribution of vineyards and viticulture in Western Australia. Of particular interest was the difference in production methods, including the

# New dunny doors in Humanities and Social Sciences Learning Area

The majority of student feedback on how to improve Gilmore College has always been in relation to student toilets.

Just before the holidays, Miss Brown stumbled upon an Instagram post of some decorated toilet doors which she shared with Miss Elsegood and Mr Smith.

Mr Smith was very supportive of the idea and Miss Elsegood was keen as, meaning that Miss Brown would have to follow through on this idea. The two teachers spent three days of the holidays searching for their inner artistic selves which resulted in 7 new dunny doors.



Our hope is that our students may now use bathrooms that have a positive vibe and a much better backdrop for those selfies.

Lesley Brown and Rachel Elsegood - Teachers, Humanities and Social Sciences



She spoke to them about how she was born in Kwinana, but grew up in Safety Bay. Madeleine described how she had a range of jobs, such as being a Lawyer, before she decided to take a gamble on politics.

Madeleine explained the importance of resilience, stating that she had not done very well at university and had tried her hand at more than one degree, before finding her ideal job in politics. While Ms King is not interested in being the Prime Minister, she does love her job and hopes to be re-elected next year.

The students asked excellent questions about how the government was dealing with the droughts in NSW, the issue of truck driver jobs being replaced by computer operated trucks and future job opportunities for them on the Industrial Strip. It is always a pleasure having Madeleine visit and we hope she comes back soon.

Lesley Brown





# Gilmore College goes Green for NAIDOC Week

The team is made up of students from Year 7 to Year 11 who applied for the position by letter. Seanah Kokot-Cook, Lee Goodwin-He, Azalea Lavulo, Ryan Alcantara, Evelyn Crowther, Teagan Woodall, Brandon Rowe Jeffs, Ryan Rees and Megan Nuttall make up the very enthusiastic group.

The team carries out duties on a Friday afternoon such as whole school recycling, feeding the aquaponics fish, weeding, rubbish runs and seed planting.

The Sustainability Committee has established the first ever Gilmore College Green Team.

During NAIDOC week, the Green Team completed their first of many exciting projects within the school by planting a Bush Tucker garden on the East end of the Banjo Patterson Building (B Block). With the help of other students, they planted Sheoak, Banksias, Pale Grass Lily, Bottlebrush, Marri and Hakea, to name a few.

The 40 Bush Tucker plants were kindly donated by SERCUL as part of the Phosphorus Awareness Project grant provided by the Department of Biodiversity, Conservation and Attractions.

We would like to extend a huge thank you to SERCUL and our new Gardener Josh Hale for all his help. Stay tuned for further updates.

Lesley Brown Sustainability Committee

# Your wings already exist all you have to do is soar

Over the first week back for Term 3, C Block was busy creating a display to further promote positivity within the College and to connect with the school's motto SOAR.

In order to do this, we worked with some of the Year 9 classes to create a range of different coloured feathers, which were laminated and cut out ready to be put up on the wall. Some of our lovely Year 12 students volunteered their time to assist us in putting the feathers together to form a pair of outstretched wings.

This display has been created as a reminder to students about how capable they are and that they have the ability to achieve their goals, they just have to try.

Lesley Brown, Constance Chipper and Rachel Elsegood - Sustainability Committee

SOAR (Supportive, Organised, Aspirational and Resilient)



# White Ribbon Appeal

White Ribbon Australia is a part of a global movement of men and boys working to end men's violence against women, but it doesn't operate in Western Australia.



Having heard about White Ribbon Appeal during the Principal's address, the Student Council decided to fundraise in support of the charity, however they could not purchase the merchandise to sell. In a display of true Gilmore spirit, they did not give up and sought the assistance of other students who made ribbons by hand in their spare time.

On the last day of school, the ribbons went on sale and many students and staff purchased one for a gold coin. It was wonderful to see students shouting their friends one as well. It was also heartwarming that Miss Elsegood's Year 12 boys stepped up to buy the first ribbons

and wore them with pride to lead by example.

The Student Council raised \$137 and we thank everyone who participated.

Lesley Brown and Rachel Elsegood Student Council





# ANZAC Day 2018: Medina Service

On the 25 April, people gathered all over Australia to commemorate those men and women who have served our country in past conflicts and those who are currently serving. This year's ANZAC Day celebrated, for the first time, the contributions of female members of our defence force.

Gilmore College was represented at the 11 O'clock service in Medina by Head Boy, Brayden Kelly and Head Girl, Olivia Morton. The sombre event was well attended with many community members, other students and staff there to pay their respects, including Her Worship the Mayor Ms Carol Adams, Presley Rondin, Declan Williams (Kwinana Scouts), Michellie Jones (Salvation

Army) Liam and Bevan Webster and Miss Dooman.

Brayden and Olivia lay a wreath on behalf of Gilmore College and, along with representatives from Peter Carnley Anglican Community College, delivered a reading of "My Country" by Dorothea Mackellar. The Medina Service is a wonderful way to show your gratitude to our

armed forces and to reflect upon our history, our current involvement in global conflict and the effects felt by our armed service men and women and their families.

Lest we forget.

Lesley Brown
Student Council







# **Student Council Legacy**

Each year the Gilmore College Student Council works hard to come up with a way to leave its mark on the school.

This year, the Student Council successfully raised money through fundraising, which has enabled them to take on new initiatives. One of these is to work with the Gilmore College Sustainability Committee to better the College's approach to how we interact with our environment.

This has lead to the Student Council purchasing a Stationery Recycling Box; meaning that all stationery within the school can now be recycled and sent to a processing plant, which will reuse the items and turn them into something new such as furniture.

We would like to encourage all students to get behind this approach to recycling and make sure whenever their pens, pencils, textas etc. run out they take them to the C Block office where they can put them in the box to be recycled.

Furthermore, the Student Council assisted the Sustainability Committee in its move to celebrate the College's multiculturalism by assisting them in painting

3 recycled PVC pipes representing different cultures from within the College. Thank you to the students who helped to design

and paint them and w e hope



everyone will enjoy seeing them as they walk past the Sustainable Garden. Whilst there, they will also find the beautiful dream catcher designed by Miss Chipper and Miss Brown, which is now hanging in the trees above the bathtubs.

As well as this, the Gilmore College Student Council of 2018 have also been very generous, as they have donated to the College a steel globe of the earth, which has been converted into a flowerbed and can be found in the Sustainable Garden. We would like to say a big

thank you to them for leaving the school with such a beautiful legacy.

Rachel Elsegood

Teacher - Humanities and Social Sciences and Assistant Student Council Coordinator

# **Basketball Tournament Term 2**

At the end of Term 1 students were asked to submit a team to Student Services to participate in the Term 2 Basketball Tournament. For the competition we had 6 teams submitted with roughly 7 to 10 players in each ranging from Year 7 to Year 12.

For the tournament each team captain is handed a fixture and it is their responsibility to ensure that their team are ready to play the times allocated.

Over the course of the tournament we saw quality basketball played and some great sportsmanship on display. All teams arrived on

BASKETBALL
TOURNAMENT

time for their games and for the most part were respectful to referees and scorers.

After each team had played each other twice, the top four played out in a finals series, with the eventual winners being

Martin Wachipa, Latrel Soares, Nalson Cosmas, Solomon James and Simon James.

The following awards were handed out for excellence over the course of the Tournament:

Finals MVP: Latrel Soares MVP: Nalson Cosmas

Most Improved: Matthew Beaman Spirit Award: Dylan Irula and Teneesha Coyle

The tournament was a great success and a big thank you to anyone involved over the Term.

Craig Davies - Student Support Officer

# School Sport Volleyball



On 16 May, Mr Hammond and I took a group of senior school students to the School Sport Volleyball Tournament at Warwick Stadium.

We had two teams participating with the Boys in "B" Division and the Girls in "A" Division. In the pool games the pair of teams competed really well, with them both of them progressing to the finals. Both teams won their Semi-Finals games, with the boys making their first Grand Final in three years and the Girls making their fourth straight final in four years.

In the Grand Final the boys went on to play a gruelling three set match eventually taking out their first Grand Final win and the girls went on to win their third straight Grand Final in as many years.

Well done to all teams, Mr Hammond and I couldn't be prouder of your efforts.

Craig Davies - Student Support Officer/Volleyball Coach

On 25 July Mr Adam Hammond and I then took the middle school Boys and Girls teams to compete in their School Sport Volleyball Tournament with both sides in "A" Division.

The girls performed really well in their pool games, showing that they were class above the rest, going undefeated and progressing to the Grand Final. The boys performed reasonably well in their pool games, although they suffered one defeat, they still did enough to progress to the Grand Final.

In the Grand Final the girls unfortunately lost out to Greenwood College in a closely fought three set match. The boys went on to win their Grand Final match in a confident straight sets victory.



# **ERGT**

Our Year 12 Process Plant Operations students recently participated in a full day safety awareness training at ERGT, which was generously funded by Quadrant Energy.

Raymond Klein, Production Superintendent Oil Assets Quadrant Energy has summed up the day by saying:

"I am still buzzing with hype from last Fridays Safety Training. I was so proud when I could see the level of



interest and engagement that the students had during the day.

I have NEVER seen such wellbehaved Y12's in my life. They really did act as though they were on the worksite".

On behalf of Gilmore College, I would like to thank Quadrant Energy for sponsoring this event and ERGT for delivering a highly professional and engaging program.

Well done Year 12 PPO students. You have really done us proud.

Patrice Kilpatrick Industry and Enterprise Coordinator



# NAPLAN Online - School Readiness Test

You may have heard that NAPLAN Online was introduced in 2018, with 274 Western Australian schools participating. Our school will be transitioning to NAPLAN Online in 2019.

NAPLAN online will provide better assessment, more precise results and faster turnaround of information. Your child's results will be returned to the school faster, within a few weeks rather than a few months.

This trial, called the School Readiness Test (SRT), will enable us to assess our technical readiness to implement the new online assessments. In addition, it will give us a chance to try out the new national online assessment platform in a real-life classroom environment

During August and September 2018, all students in Years 7 and 9 will participate in a trial of the assessment platform, by undertaking two online readiness tests that include examples of the new NAPLAN online questions. This test will take about 45 minutes to complete.

Participating in this trial is important as it will help us ensure we have adequate internet connectivity, and whether students have access to sufficient number of devices for NAPLAN Online testing. During



the trial, our teachers will have the opportunity to practice managing the classroom logistics for an online assessment and the new test administration processes.

The readiness test has not been constructed to assess curriculum knowledge, but rather to provide students with an opportunity to experience the types of questions that will be included in the new online assessments. As such, reports will not be provided.

Participation in the SRT is a key step to ensuring a successful NAPLAN online experience in 2019.

Innocent Chikwama Associate Principal -Curriculum

# Parent/Caregivers Tour of the College

Thursday 13 September 2018, 9:00 - 10:30am

We warmly welcome parents and caregivers to attend a Tour of the College on Thursday 13 September 2018.

There will be a walk through the College from 9:00am, followed by morning tea and a Question & Answer session in the College staff room. Tours are conducted during a normal school day to provide you and your family with a true sense of Gilmore College. All members of the family are welcome to attend.

RSVP Tour of the College essential before Monday 10 September to the Administration office on 9411 1811 or gilmore.college@education.wa.edu.au.

# National School Opinion Survey 2018



We value your opinion and ask that you take the time to complete this survey.

Gilmore College would like to invite you to have your say on the strategies and improvements that we have implemented in the past year. Staff and leadership, in conjunction with the College Board, are committed to connecting Gilmore College with its parent body and the wider Kwinana Community.

The results of this survey, which is conducted in schools nationally, will be used to plot our progress when compared to results from the same survey in 2016. I encourage you to take the time to provide us the feedback that we need to take the College forward.

The survey will be available online for parents/ caregivers, students and staff from 6 August until 24 August. We have provided a link to access the survey via our website, alternatively type https:// www.schoolsurvey.edu.au/s/8bF4dhZh into your web browser.

If you are unable to access the survey online, hard copies will be available from the College main Administration by request during the three weeks the survey is online.

I would like to sincerely thank the parents, caregivers and community members that we have had the opportunity to work with this year. I look forward to acting on the feedback that you provide us, as we seek to further strengthen Kwinana's Independent Public School together.

Rohan Smith - Principal

# Digital Mental Health

Digital Mental Health is services, programs or applications that may be self-driven or involve real time delayed interaction with a clinician or other support person.

Digital Mental Heralth services and programs allow Australians to access mental health information and support at any time and from any place.

confeen

CanTeen

Phone, online and email counselling and forums to help young people (12-24 years) cope with cancer. https://www.canteen.org.au/ 1800 835 932 support@canteen.org.au

Online activities, psychoeducation BITE BACK and positive psychology aiming to promote wellbeing and resilience in young people (12-25 years). http://www.biteback.org.au/



An app and online version that BeyondNow involves creating a safety plan the user can work through when experiencing suicidal thoughts. http://www.beyondblue.org.au/get support/beyondnow-suicide-safety

THE BRAVE PROGRAM.

# The BRAVE program

An online program to help children (8-17) overcome anxiety. Comprises both youth and parent components. http://brave4you.psy.uq.edu.au/



### Breakup Shakeup

A behavioural activation app that provides fun, easy activities to do to help young people cope after a breakup.

https://itunes.apple.com/au/app/bre akup-shakeup/id1017200579?mt=8



Internet chat, email or phone support Internet chat, email or phone support for young people (12-25 years) with a range of issues 1800 650 890 (Phone and online: 9am -



# Kids Helpline

Phone and real time web-based crisis support for youth (5-25 years). https://kidshelpline.com.au/ 1800 55 1800 (Phone: 24 hours)



## MindSpot

1am)

'Mood Mechanic Course' - An online program for stress, worry, anxiety and depression in people aged 18-24. https://mindspot.org.au



# **Hello Sunday Morning**

A website and app which aims to support any individual to cut back or take a break from using www.hellosundaymorning.org/



# So You've Been in an Accident

A website providing information and intervention for children aged 7-16 who have been in an accident.

http://www.conrod.org.au/kidsaccident/

CLEAR YOUR VISION

# Clear Your Vision

An interactive online program to help young people change their cannabis use. https://clearyourvision.org.au/



# **eMHprac**

# E-Mental Health in **Practice**

Digital Mental Health programs and resouces for young people



# Music eScape

Users can match music to their mood and create a 'music journey' to express, enhance or change their mood.

https://itunes.apple.com/au/app/musicescape/id971949389?mt=8



An online program to improve wellbeing and reduce mental health out&online symptoms in same-gender attracted youth aged 18-25 years. https://www.outandonline.org.au/



# OCD? Not Me!

An online program with information, practical skills and support for young people (12-18 years) with OCD. https://www.ocdnotme.com.au/



# Recharge

A six-week program aiming to improve mood and energy levels by establishing a good sleep/wake routine. https://itunes.apple.com/au/app/recharge-

sleep-well-be-well/id878026126?mt=8



### **Smiling Mind**

A website and app teaching Mindfulness Meditation to young people and adults. https://smilingmind.com.au/



# MoodGYM

An online program teaching cognitive behaviour therapy skills to manage symptoms of depression and anxiety. https://moodgym.anu.edu.au



# **Policy – Mobile Phone Usage (Students)**

# **Purpose**

- The increased ownership of mobile phones requires that school administrators, teachers, students and parents take steps to ensure that mobile phones are used responsibly. This policy is designed to ensure that potential issues can be identified and addressed, ensuring the benefits that mobile phones provide (such as safety) can continue to be enjoyed by our students.
- Gilmore College accepts that parents give their children mobile phones to protect them from everyday
  risks involving personal security and safety. It is acknowledged that providing a child with a mobile
  phone gives parents reassurance that they can speak with their child quickly at any time. Parents are
  reminded that in cases of emergency, the school office remains a vital and appropriate point of contact
  and can ensure your child is reached quickly and assisted in any appropriate way.
- The policy for mobile phones also applies to students during school excursions, camps and extra curricular activities.

# Responsibility

- It is the responsibility of students who bring mobile phones onto school premises to adhere to the guidelines outlined in this document.
- Parents should be aware if their child takes a mobile phone onto school premises.

# **Usage Guidelines**

- Students should only use their mobile phones before or after school. Students must have their mobile phones switched off and out of sight during class. Exceptions may be permitted in exceptional circumstances, should the parent/guardian specifically request it. Such requests will be handled on a case by case basis, and should be directed to the appropriate Team Leader or Associate Principal.
- Students should display courtesy, consideration and respect for the rights of others whenever they are using a mobile phone.
- Mobile phones should not be used in any manner or place that is disruptive to the normal routine of the school.
- In-phone cameras are not to be used anywhere on school premises.
- Students should ensure their phones are always stored in a safe and secure place.
- Mobile phones are used at their owners risk. The school in the event of loss, theft or damage of any device will accept no liability.

Where a student breaches any of the above conditions the mobile phone will be confiscated and passed on to the administration. The phone may be collected at the end of the day except where the breach of rules has seriously affected another student or staff member. In this instance, the school will contact parents.

Any student found to be involved in recording, distributing or uploading inappropriate images or videos of students parents or staff, on school premises or sending threatening messages will face disciplinary action, including suspension.

It should be noted that it is a criminal offence to use a mobile phone to menace, harass or offend another person. As such, if action taken by the school is deemed ineffective, as with all such incidents, the school may consider it appropriate to involve the police.





# Subsidised funding is now available!

Taking expressions of interest to commence August 2018.

# Certificate III in Individual Support

Specialise in Aged Care & Home and Community Care, or Disability

RTO Provider No: 32145



## When

Tuesdays & Thursdays – 9.30am until 2.30pm for approximately 14 weeks, outside of school and public holidays.

Students will undertake work placement upon completion of classes.

## **Where**

Malaga, WA

### Cost

Non-Concession \$1,803.75 Concession \$538.35 Full fee waiver is also available to those who would like to apply for financial hardship.

## Included

Qualified Trainer, all learning guides and materials, all stationary & suitable work placement organised for all students. National Police clearance costs will be covered for each student.

# **Eligibility**

Residents of WA who are over the age of 18 years and considered to be Job seekers (unemployed), people who are underemployed or returning to work

For more information or to register your interest on any of the above courses, please contact Anita on **0418 300 962** or <u>apacey@healthindustrytraining.org</u>

This training is proudly funded and supported by the Western Australia Department of Training and Workforce Development





Want to make family life easier – and happier? Triple P's Power of Positive Parenting seminar can help you understand why kids act the way they do, and how your reactions and words can make a big difference. This 90-minute seminar is free for all WA parents and carers, and is packed with ideas to help you give your kids the best start in life, and get more enjoyment out of being a parent.

# **Triple P's Power of Positive Parenting seminar can help you:**

- raise happy, confident kids
- encourage positive behaviour
- set rules and routines that everyone follows
- get on well with your kids and argue less
- balance work and family with less stress

# Register for your FREE parenting seminar:

The Power of Positive Parenting

Book your free place now: www.triplep-parenting.net.au/wa









The Innovators' Tea Party is a free speed-networking event for students in years 10 – 12 who are interested in careers in Science, Technology, Engineering and Mathematics (STEM).

DATES: SATURDAY 11TH & 18TH AUGUST

TIMES: SESSIONS AT 9AM, 11AM, 1PM & 3PM

VENUE: FLUX, 191 ST GEORGE'S TCE, PERTH

Join us for a cup of tea and meet some incredible women working in a range of STEM fields!

> Visit the website to register www.innovatorsteaparty.org

This event received grant funding from the Australian Government



Session sponsors





# PARENTING PROGRAM

Are you... the parent or caregiver of school-aged children?

Do you... want to bring out the best in your kids and learn strategies that

can support them to socialise with others?

this six-week parenting course is for you!

We, at Relationships Australia, acknowledge that whilst parents (or caregivers) act as their child's first and most important educators, they often receive little to no training in what to do, or how to do it! The Virtues Parenting Program aims to develop a culture of character where respect, patience, self-discipline, tolerance and joy for learning are among the virtues your child can master.

# You will explore:

- how to integrate the Virtues Strategies when you interact with your child in the home, when disciplining them and/or supporting their socialisation;
- how to maximise your child's development by using 'Teaching Moments'; and
- How to bring out the best in your child.

When: Wednesdays, O1 August - 12 September 2018

Where: Relationships Australia - 1 Ord Street, Fremantle

Fee: \$100.00 per person

Time: 9:30am - 12:00pm

For more detail about our courses and seminars, click <u>here</u> or visit <u>www.relationshipswa.org.au</u>
Places are limited - please contact (08) 6164 0200 to register today!

# It would be great to see you!



# TERM 3 PROGRAMS

FREE

# GET IN THE ZONE!

GIRLS GROUP	Team, leadership, social and life activities to build, resilience, wellbeing, skills and unity.	Zone Youth Space	Mondays 23 July to 10 Sept	3pm to 5pm	15–18 years
MASTER CHEF	Learn new cooking skills and enjoy your own creation at the end of the session.	Zone Youth Space	Tuesdays 24 July 2018 to 11 Sept	3.30pm to 5pm	12–18 years
THURSDAY SPORTS	Enjoy a range of different sports games at the Zone and compete against your friends.	Zone Youth Space	Thursdays 26 July to 13 Sept	3pm to 4pm	12–18 years
LAN GAMING	Come and play against your friends. We have a range of games to choose from, or feel free to bring a USB with your own!	Zone Youth Space	Thursdays 26 July to 13 Sept	4pm to 6pm	12–18 years
GIRLS GROUP	Team, leadership, social and life activities to build, resilience, wellbeing, skills and unity.	Zone Youth Space	Fridays 27 July to 14 Sept	3pm to 5pm	12–14 years
BEATBALL	Like listening to the latest music while shooting hoops with your friends? Take it to the next level and join Beatball Basketball Comp. Dinner Provided.	Kwinana Recquatic	Fridays (fortnightly) 20 July to 21 Sept	5.30pm to 8.30pm	10–18 years
REZONATE	We're looking for up and coming music artists! Jain us and a group of professionals to learn about the effects music has on our bodies, as well as how to produce It! Contact us for details on how to register.	Zone Youth Space	Saturdays 28 July to 15 Sept	11am to 2pm	12–25 years







### ZONE YOUTH SPACE

CNR GILMORE AVENUE AND DARIUS DRIVE | Phone (08) 9236 4550 | Email zone@kwinana.wa.gov.au www.kwinana.wa.gov.au | Admin hours: Mon-Fri 9am-5pm | Cashier hours: Mon-Fri 9am-4pm







DAY	OPEN	CLOSE	
MONDAY	2:30pm	5pm	
TUESDAY	2:30pm	5pm	
WEDNESDAY	2:30pm	5pm	
THURSDAY	2:30pm	9pm	
FRIDAY*	2:30pm	9pm	
SATURDAY	12noon	5pm	
SUNDAY	CLOSED		

\* Excluding Beatball nights

Zone is a purpose built, two storey youth space catering for young people in Kwinana between the ages of 12 and 18 years.

The facility offers a large range of youth oriented programs, workshops, events and activities. Featuring a multipurpose sports stadium, multimedia facilities, an art area and music rehearsal/ performance spaces, the Zone is a youth friendly, safe place where young people can develop new skills, enhance existing abilities and socialise with peers.

GET IN THE ZONE!





The Zone Youth Space's Youth Lounge is open for young people aged 12 to 18 to come and relax, and hang with their friends. The Youth Lounge has Xbox's, Playstations, Wii, pool tables, table tennis tables, classic arcade games, pinball, use of our indoor sports court/basketball hoops and free Wi-Fi.

Kwinana Youth Services staff. Being a 'drop in' service means young people can come and go as they please. means young beopie can come and go as usey please. Program participants are welcome to stay and use the facility until pick up. If a participant uses the Youth Lounge, the duty of care for Kwinana Youth Services staff does not apply if they exit the building after the finish of the program. If you have any queries, please call the Zone on 9236 4550, or come in and speak to the staff.







### ZONE YOUTH SPACE

CNR GILMORE AVENUE AND DARIUS DRIVE | Phone (08) 9236 4550 | Email zone@kwinana.wa.gov.au www.kwinana.wa.gov.au | Admin hours: Mon-Fri 9am-5pm | Cashier hours: Mon-Fri 9am-4pm





Artist Development - Creative Electronic Music - Sound Production - Expressive Writing
Music Therapy Program





Scan me

Term 3 \*11am - 2pm Saturday's at Zone Youth Space
Targeting those aged 12 - 25 (Youth)
Further information Connect Via:
042 118 6484 or connect@abettertomorrow.com.au
Register via LINK OR QR CODE
https://term3-register-rezonate.eventbrite.com.au

















# 2018 House Athletics Carnival

The 2018 House Athletics Carnival held on Friday 31 August is a whole school event, so all students attending the school on this day will be involved.

Parents and caregivers are welcome to come and watch their children on the day of the event and to enjoy a free sausage sizzle, provided and cooked by our College Principal, Rohan Smith.

Last day of Term 3 - Friday 21 September Term 4 Commences - Tuesday 9 October



### Gilmore College

### An Independent Public School

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Main Administration 9411 1811 Student Services 9411 1823