



An Independent Public School



Gilmore
COLLEGE

*in*TOUCH

The Newsletter of Gilmore College

TERM 4 ISSUE 1

Gilmore College Student Leaders 2018

Michellie Jones, Chloe Bold, Head Boy
Brayden Kelly, Cooper Tilbury and
Head Girl Olivia Morton with
Principal Rohan Smith





From The Principal

It is always a pleasure to celebrate the end of schooling for our Year 12 students and this year's Valedictory Ceremony was an incredibly positive event held on 24 October in our Gymnasium. I would like to take the opportunity to again congratulate all of our graduating Year 12s, while encouraging those who are still in the process of finishing their ATAR examinations, to give their best efforts for just a few weeks more.

I spoke at **Valedictory** about conquering their "fears" for the future. I asked them to continue to cast a critical eye over current issues, social media and their relationships, as they have been taught to do at Gilmore College and set high expectations for their futures. One feature (of many) at our ceremony this year was the presence of David Redpath, Peta Head (nee Merrifield) and Kevin Bright of the Kwinana Senior High School Class of 1974. Peta and Kevin were the winners of the two Strathalmond Awards for Sporting Achievement back in 1974 and returned 43 years later to present the same awards to our Year 12 winners. David, who has been the driving force behind the formation of a former students' association, presented the annual Caltex Best All-Rounder Award on the night. If you, or someone you know is a former student of either Kwinana Senior High School or Gilmore College, I would like to encourage you to get involved in the events of the alumni association. Details will be supplied in this newsletter as they become available.

With our **Positive Behaviour Schools** program entering its second year (have you heard about our "Crow" mascot and our acronym S.O.A.R?) the College is now ready to commence the journey to improve our student academic results. To assist us in this we have been successful in applying to participate in the 5th cohort of the **Fogarty Foundation's EDvance** school improvement program.

Like PBS the EDvance program requires a multiple year commitment to sustainable and positive change to assist us to engage students and parents and carers more in student learning. There will be plenty of ways for parents and carers, and of course students, to participate in this process as we work with our staff and school leaders to set ambitious academic goals for the students of the Kwinana Community.

I would like to pay tribute to all of our **Year 12 2018** Student Councillors who recently underwent a process to select our new Head Girl and Boy. As a school we couldn't be any more proud to have such a talented and committed group of students in Cooper Tilbury, Michellie Jones, Chloe Bold, Brayden Kelly (Head Boy) and Olivia Morton (Head Girl). With these five students at the head of our student council, the future of student leadership continues to look bright.

Over the next few weeks parents and carers will be asked to vote for candidates who have nominated for membership of our **Independent Public School Board**. I would like to urge you to take the time to participate in this process and select parent and carer representatives that best reflect the positives that you

would like to see in your child's school. Our College Board has undergone many developments in the past two years and provides guidance to the Principal and staff on matters of governance and strategic planning. The five parent representatives join key local industry, business, university and community organisation representatives as well as school staff and members of our student council to drive a positive strategy for Kwinana's secondary school. Voting forms will be available via email, so please ensure that you have an up to date email address listed with the school.

Finally, I would like to commend the current round of **Lyrik Education Scholarships** to you all. There are many students and their families who could benefit from funding assistance to undertake their school studies and this generous program has done just that for many of our current and former students. Please see the information on page 26 for further details, or follow the "Lyrik" Facebook page.

All the very best to our Year 7-11 students who are about to undertake their Semester two examinations. Remember that it is never too late to positively influence and change the Semester two report grades as these are not finalised and posted home until the final week of school in December.

Rohan Smith
Principal

The KIC iDIVERSITY Project

The KIC iDIVERSITY Project is a 6 day program for students with special learning needs. It explores the range of careers available in the Kwinana Industrial Area.

The Project includes site tours of industries and a day of work experience with a local host employer. Other activities include social media, personal skills and presentation skills. Jacob Comben (next to Chris Oughton) from Year 10, together with students from other schools, will complete journals throughout the program and graduate at the end of the program.

*Left – Phil Thick, General Manager Tianqi Lithium, 2nd Left Ted Curr, Past President Rotary Club of Palm Beach WA
Right - Chris Oughton, Director Kwinana Industries Council*

Tianqi Lithium and the Rotary Club are the partners of this years program.



Student Council Rises Above To Raise Money

*On Wednesday 11 October,
members of the Student Council
represented Gilmore College out in
the community.*



Brayden Kelly, Olivia Morton, Desmond Franks and Raighne Brookes set up two separate stalls at the Kwinana Market Place where they sold Softis Tissues to raise money for the Princess Margaret Hospital Burns Unit.

They raised a total of \$107.50. What a great effort for a wonderful cause. There are still plenty of convenient 2pks of tissues left over. If you are interested in helping the Student Council to raise more funds, please see Miss Brown in the Humanities and Social Sciences Learning Area to purchase, or make a donation.

Lesley Brown
Teacher - Humanities and Social Sciences

Morning Tea at the Clontarf Academy

*On Friday 17 October, the Clontarf Academy
invited the Student Council for morning tea.*



The idea was for the Student Council to meet the Clontarf staff and some of the students who participate in the program to get a better of understanding of Clontarf's role within the College. Many of our councillors had never been down to the Clontarf Academy, but were made to feel very welcome and they learned a lot.

The student hosts were knowledgeable and professional. It was a wonderful morning with plans made to work together in the future.

Lesley Brown
Teacher - Humanities and Social Sciences



Student Council Takes a Daring Adventure

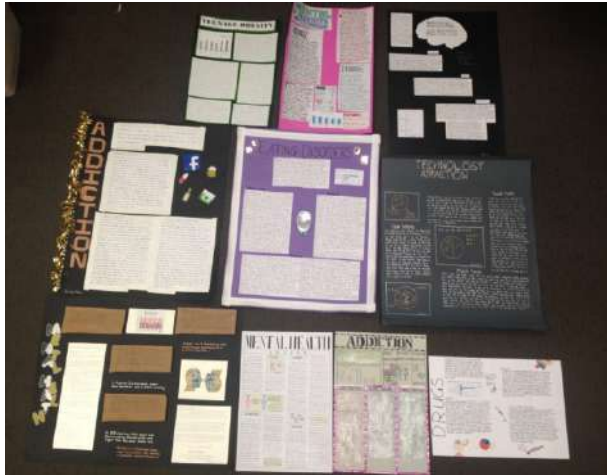
On Monday 30 October, the Student Council and some specially selected students attended an excellent day trip to Dwellingup Dare Adventures.

It was a very long, but enjoyable day where students participated in team building exercises such as Crocodile Gorge, the Plank Race, the Mind Field, orienteering and archery.

The day ended with the opportunity to shoot each other with special arrows, which was definitely a highlight. Mr Szewczak, Miss Brown and Cooper Tilbury all got shot... and it hurt a little bit. It was a great day and the Council hopes to repeat the excursion next year.

Lesley Brown
Teacher - Humanities and Social Sciences





“Blowing out someone else’s candle doesn’t make yours shine any brighter.” (on bullying)

Year 9.1 English class tackled some serious issues affecting teenagers including bullying, mental illness, eating disorders, addiction and a variety of other pressures facing everyday teens.

Students investigated their chosen issues in a poster style exposé, demonstrating both their academic research and writing skills mixed with a hint of artistic flair.

The focus of this lesson was to provide tangible advice and optimism to those teenagers struggling with these demons. The effort students put into these posters is exemplary and demonstrates the immense talent and creativity of our students.

The final products will be proudly displayed in my English classroom in FLZ3.4.

Michael Connoley - Teacher English

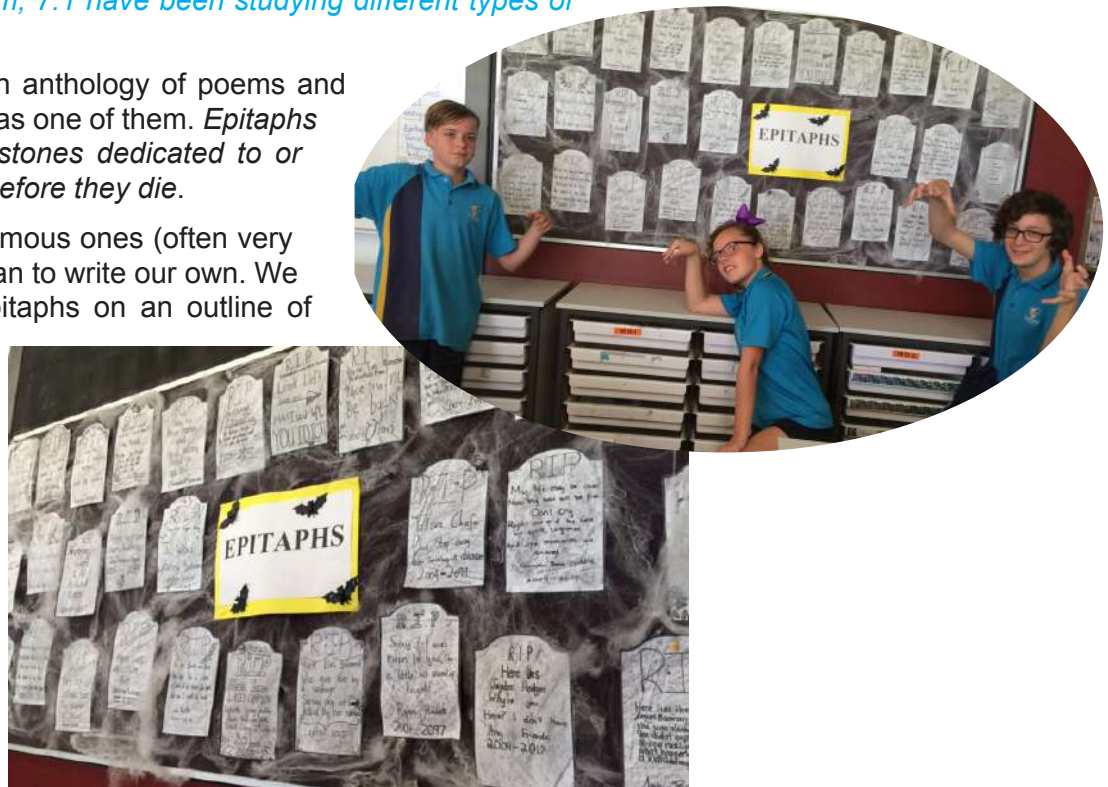
English 7.1 Poetry

In English with Miss Kerkham, 7.1 have been studying different types of poetry for an assessment.

We were asked to create an anthology of poems and decided to make an epitaph as one of them. *Epitaphs are poems written on tombstones dedicated to or written by the dead person before they die.*

After reading a number of famous ones (often very witty) for inspiration, we began to write our own. We then placed the finished epitaphs on an outline of tombstones. You can see these in the photograph, coincidentally just in time for Halloween, a very fun way to learn poetry.

Jade Beattie, Year 7
Dylan Bauer, Year 7



Anne Frank “Let me be myself” Travelling Exhibition

Recently, 7:1 was lucky enough to visit the Anne Frank Exhibition in Fremantle.

Coincidentally our class had read “The Diary of Anne Frank” and put up a display of pictures and writing in our classroom. Then we found out about the exhibition! With Ms K and Mr Lee we were on the bus to Fremantle.

It was a great time and we learnt lots about the persecution of the Jews by the Nazis and their sympathizers. There was a short film about what happened. It was so sad. Ms K cried. After the exhibition, we spent a great day in Freo. Ms K made us walk and walk and walk...

Here is a photo of Anne Frank and us down at Fremantle Boat Harbour. It was an awesome experience; even if we were tormented by the smell of the fish and chips we weren't allowed.

[Liam Walsh and Ranesch Maha Kaliithas](#)





Career and Enterprise Excursion

On Wednesday 18 October, 25 Year 11 students from Career and Enterprise went to the Peel Employment Expo.

The SMYL Community Services ran this free event at the Mandurah Aquatic and Recreation Centre. This was an opportunity for student's to network with local Peel businesses, find out about careers they have been researching and develop their interpersonal skills

Students listened to a presentation on interview skills and key tips for their resumes, which linked to their current assignments and gave them insight into what professionals are seeking.



We then journeyed to the Mandurah foreshore to see how local businesses are being enterprising and enjoyed the sunshine for lunch. Students independently caught public transport and proudly represented Gilmore College's values.

Constance Chipper
Teacher
Humanities and Social Science



Year 7s make a Big Splash

On Friday 13 October, Year 7s took part in two separate lessons related to mental health awareness as part of our Big Splash program.

In the first lesson, they met (via slideshow) the Big Splash ambassador, Tegan. They participated in group activities that helped them to define what emotions are, encouraged them to identify one for each letter of the alphabet. They also learned about positive self-talk; "Be careful what you say to yourself, because you are listening."

The second lesson involved a well-being scavenger hunt. Students were required to work in groups to solve clues and complete tasks in order to get back to the finish line first. They travelled all around the College getting plenty of exercise, which happens to be good for mental health. A great time was had by all.

We are now looking for students to participate in the "Dolphin Dance Challenge"; check it out on YouTube! Upload your videos with #BigSplash to show your support for mental health awareness in young people.

Lesley Brown
Teacher - Humanities and Social Sciences

Rebecca Tennant
Teacher - Home Economics

Linda Lidlow
College Chaplain





Medina Festival 2017

Gilmore College Arts students enjoyed a fantastic day partaking in and performing at the local Medina Festival on Sunday 28 October.

Led by Ms Dancer and Miss Custers, the Gilmore Arts students involvement in the day was a highlight of the event, with both musical performances and an impressive exhibition of artworks from Gilmore's talented students.

Feedback from parents and the community was extremely positive, with event organisers stating how impressed they were, not only with the high standard of artwork, but with the professionalism and talent of the musical performers.

Well done to all involved.





Forensic Facial Reconstruction

Looking at things forensically means using any technique to solve a crime. There are forensic scientists, forensic accountants and even forensic dentists.

In Term 3, the Year 11 Integrated Science students learned about another profession in the field of forensics, the Forensic Facial Reconstruction Artist. A reconstruction artist works on providing an identity to someone when other forensic methods are unsuitable. They work on homicides and missing person cases, as well as archaeological and paleoanthropological research.



The students started with a replica human skull and were challenged with following a specific set of instructions, measurements and techniques in order to build up areas of anatomy with clay in order to produce a face.

I was very happy with the student's results; they worked hard trying to produce realistic faces by using data sets and examples of anatomy and should be very pleased with their work.



The Facial Reconstruction project allowed students to be hands on with a forensic technique that they would have only seen as dramatic representations and to critically think about the features of a skull and face and what forensic insights they offer.

Damien Mortimer
Laboratory Technician
Debbie Migliori
Teacher - Science





World Skills

Six KIC Metals and Engineering students recently competed in the Regional World Skills Competition held at SM TAFE Rockingham.

Silver Medal Winner – Joshua Semper

Bronze Medal Winner – Aiden Andreello

The boys and their families will be attending the Medal Ceremony at the Crown Ballroom where the Hon Sue Ellery MLC, Minister for Education and Training will open the event.

Well done, boys. You have done us very proud.

Patrice Kilpatrick
Industry & Enterprise Coordinator



Each year Synergy generously awards two Rising Star Scholarships to the value of \$800 for educational purposes.

This year's winners are:

Jake Bergsma
Joshua Semper

Kleenheat

The Process Engineering Centre for Excellence recently received a scale model of the Kleenheat Plant, kindly donated by Albert Romano from Kleenheat.

This scale model has become a talking point for Process Plant Operations students, as it brings to life the industry that these students will be working in.

As an additional bonus, both classes of PPO students went on an educational excursion to the Kleenheat Plant. This was an excellent opportunity to witness the day to day running of process operations in the gas industry.

Students and College staff got to climb the stairs of one of the large holding tanks with the height being equivalent to a nine story building. A great birds eye-view of the plant and the Kwinana strip.

Thank you to Albert and his team at Kleenheat.

Patrice Kilpatrick
Industry & Enterprise Coordinator



Top Student Award Term 4 - 1 November 2017

The Arts

Art

Year 10	Roselle Carino
Year 9	Gellianne Tallorin
Year 7	Rhegan Conno

Dance

Year 11	Celine Arias-Real
Year 10	Mireah Lansang
Year 9	Emily Quinn
Year 8	Precious Sesay
Year 7	Amy Adams

Drama

Year 8	Shakaylee Wallam
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Media

Year 10	Francis Mirasol
Year 8	Pamela Rivera
Year 8	Courtney Shaw

Music

Year 10	Nuradilah Kamarosdi
Year 9	Franzielle Palaganas
Year 8	Shahir Nawabi
Year 7	Jake Scott
Year 7 (Voice)	Shante Boullineau

Production

Year 8	Harrison Ashwin
Year 8	Alliyah Bagadiong
Year 8	Annaliese Fancote
Year 8	Leilani Bott

English

Year 11 General	Ryan Williams
Year 11 ATAR	Vince Gingoyon
Year 10	Shyniah Tether
Year 9	Rosemary Brown
Year 8	Taryn Gibbs
Year 7	Jade Beattie

Health and Physical Education

Health Studies

Year 11	Karlyn Jobe
Year 10	Aira De Villa
Year 9	Franzielle Palaganas
Year 8	Gowri Vattathara Vinu
Year 7	Jeanette Dunnage

Outdoor Education

Year 11	Bianca Gelmi
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Sport Coaching

Year 11	Brett Pitt
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Physical Education

Year 11	Bryan Cantos
Year 10	Storm Coyle
Year 9	Avaria Nepia
Year 8	Tyler Piazzola
Year 7	Breeana Semper

Humanities and Social Sciences

Year 11 ATAR Geography	Leah Walsh
Year 11 ATAR Modern History	Michellie Jones
Year 11 Career and Enterprise	Crystal Tinsley
Year 11 General Business	Ashley Dancel
Year 11 General Geography	Katie Ansell
Year 10	Tanatswa Chafa
Year 9	Ema Racic
Year 8	Joshua Comben
Year 7	Lachlan Mitchell

Mathematics

Year 11 Applications	Tara-Jane Thomas
Year 11 Essentials	Blayde Dietsch
Year 11 Methods	Vishwajeet Modi
Year 10	Dylan Van Zuydam
Year 9	Jimmy Dinh
Year 8	Keelin Finch
Year 7	Tran Ho



Year 7 Times Table Competition

In conjunction with the Maths Learning Area, Mr Smith, the Follow the Dream Coordinator, and I, as Year 7 Coordinator, organised a Times Table Competition for the Year 7s.

Students were required to complete a 1-12 times table grid in their fastest time. This occurred every Friday in their allocated Maths class and ran from week 1 to 8 in Term 3. All

students times were recorded so statistics could be measured across the Year Group and fastest times were documented.

Weekly rewards were given for the fastest boy and girl from each class, as well as two Teachers Choice Awards where students who participated particularly well were chosen.

At the end of Week 8, Grand Finals were held for the top boys and girls from the Year Group. The girls Grand Final was a tense affair culminating in a close win to Jam Nacario over Jean Bermudez. The boys Grand Final was highlighted by a guest appearance from our Principal, Mr Smith. While prevailing over the boys, his victory was unfortunately void, and the actual winner was Ulysis Alimpolos.

Along with the finals winners, awards were given out for the Fastest Time Boys and Girls, Most Improved Boys and Girls, and the Best Class. The award winners were:

Grand Final

Boys: Ulysis Alimpolos

Girls: Jam Nacario

Fastest Times

Boys: Raighne Brooks

Girls: Dianne Creencia

Most Improved

Boys: Brennan Leef

Girls: Alise Simmons

Best Class

7.1 Ms Patel

The most pleasing aspect of the competition was the way the students participated and devoted themselves to improvement. The average time for the year group went from 10 minutes 50 seconds in Week 1 to 5 minutes 39 seconds at the conclusion of Week 8 which represented an exceptional improvement. A special mention goes to Dianne Creencia who set the Year 7 record with a time of 1.53 which, amazingly, is faster than any staff member or student across all year groups has been able to achieve.

Jamie Lee

Year 7 Coordinator

Science

Year 11 Biology	Tara-Jane Thomas
Year 11 Chemistry	Vishwajeet Modi
Year 11 Earth and Environmental Science	Michellie Jones
Year 11 General Chemistry	Joseph Malekin
Year 11 Integrated Science	Karlyn Jobe
Year 10	Gerard Cabriles
Year 9	Vince Valenzuela
Year 8	Tamara Groznica
Year 7	Sylvera Berso

Technology and Enterprise

Year 11 Cert II Business	Presley Rondin
Year 11 Cert II Hospitality	Akira Buswell
Year 11 Children, Family and Community	Katie Ansell
Year 11 Engineering Traineeship	Aiden Andrello
Year 11 Food Science and Technology	Darcy Gordon
Year 11 Industrial Studies	Jaygo Lawrence
Year 11 Information, Digital Media and Technology	Karlyn Jobe
Year 11 Process Plant Operations	Josef Malekin
Year 10 AIT	Aira De Villa
Year 9 AIT	Madison Ryan
Year 8 AIT	Tamara Groznica
Year 7 AIT	Alison Freeman
Year 10 Childcare	Tamara Bowser
Year 10 Food Technology	Shyniah Tether
Year 10 Metalwork	Taj Mills-Atkinson
Year 10 Textiles	Frency Carino
Year 10 Woodwork	Nicholas Cooper
Year 9 Food	Francisco Soares
Year 8 Food	Keana Ireland
Year 9 Robotics	Frank-Jandale Estrella
Year 8 Robotics	Gowri Vattathra Vinu
Year 7 Robotics	Jay Deegan-Heath
Year 9 Textiles	Franzielle Palaganas
Year 8 Electronics	Mikayla Scott
Year 8 Design and Technology	Aaron Morton
Year 7 Design and Technology	Michael Murcott
Year 7 Home Economics	Christine Antonio

House Athletics Carnival 2017

After the carnival was cancelled earlier in the Term the Health and Physical Education Learning Area were certainly looking forward to the rescheduled carnival in Week 10. We were looking for 30 deg C, blue skies and a cool breeze. We got none of these except the breeze, which was more like a gale blowing sheets of rain sideways across the track. Its week 10!!! What is going on?

Despite this, students were keen to celebrate the day. They turned out in good numbers and looking fantastic in their house colours, war paint and costumes - great school spirit demonstrated by everyone. The 800m races were the first track event for the day. In the Year 10 girls event Scindian had a clean sweep with Tara Garlett winning from Mikayla Jenkins. The Year 7 girls had a great battle between Djai Hunter and Sonya Beamen, with Djai narrowly winning.

The field events showcased some talented students throughout the day. Japhet Dela Pena jumped 8.09m for Amity to take out the boys Year 8 triple jump whilst Adam Mathieson won the Year 9 boys shot put with a throw of 9.01m. Shayla Maddocks took out the Year 11 and O girls long jump (3.22m) and Michael Murcott backed up his second place in the long jump by winning the Year 7 boys triple jump with a jump of 7.86m



In the 200m, Stormy Coyle won in style clocking 31.08sec to be the fastest Year 10 girl. Her cousin Teneesha Coyle took out the Year 9 event. In the Year 11 & O boys 200m Tyson Headland recorded an impressive 25.81 sec. The difficult 400m event was next; Jared Gomes won the Year 8 boys event by a comfortable 3 second margin (1.08.99sec) and Jada Rae Phillips blitzed her competition to win her Year 8 400m by a whopping 7 seconds.

Despite the howling wind the 100m were very competitive and relatively fast times were recorded. Jermaine Pickett took out the boys Year 9 100m with 13.15sec and Teneesha Coyle won her seventh event of the day with a time of 15.33sec, what an effort! Matthew Beamen completed his sprint double winning both the 200m and then the 100m for Year 10. Finally, Jaygo Lawrence took out the last individual



event of the day in the Year 11 & O age category winning his 100m event in an impressive 12.49sec.

The relays finished the day off. Times were good and baton changes were fast and fluid. Relays general decide the final positions as there are double points on offer, most houses fielded teams in all events which was positive.

I would like to extend a big congratulation to all our participants, helpers and staff that made the day so special. An extra big thanks must go to the Gilmore College Health and Physical Education staff for all of the time and effort that they put into planning and running this carnival. Well done.

Jeremy Ingram
Head of Learning Area
Health and Physical Education



Results for Gilmore College House Athletics Carnival 2017:

1st: Amity 4790 pts
2nd: Scindian 3495 pts
3rd: Challenger 3365 pts
4th: Cygnet 3325 pts

Year 7 Boys
 Year 7 Girls
 Year 8 Boys
 Year 8 Girls
 Year 9 Boys
 Year 9 Girls
 Year 10 Boys
 Year 10 Girls
 Year 11/12 Boys
 Year 11/12 Girls

Champion

Raighne Brooks
 Sonya Beaman
 Japhet Dela Pena
 Makayla Koeberl
 Shaun Pereyra
 Teneesha Coyle
 Matthew Beaman
 Stormy Coyle
 Tyson Headland
 Abigail Van Zuydam

Runner-Up

Michael Murcott
 Djai Hunter
 Tyler Piazzola
 Mercy Aballa
 Ashley Donaldson
 Teliah Coleman
 Morgan Bropho
 Leah Carroll
 Jaygo Lawrence
 Sylvia Fisher-Turner

Year 7 Girls 1500m
 Year 7 Girls High Jump
 Year 9 Boys High Jump
 Year 10 Boys Shot Put
 Year 11 & 0 High Jump

New Record

Djai Hunter 6.37 min
 Sonya Beaman 1.25m
 Shaun Pereyra 1.65m
 Matthew Beaman 15.71m
 Patrick Kemokai 1.81m



Year 12 Mountain Biking Camp

This years Mountain Biking Camp was held in Dwellingup in Term 3 week 7, over 3 days. Starting at Turner Hill the group over the next 2 days would ride over 60km to get to Nanga Mill via tracks, loops and bridle trails that make up the Munda Biddi Trail.



Jeremy Ingram
Head of Learning Area - Health and Physical Education

Along the way the class got to experience the excitement of the Turner Hill and Marrinup mountain biking trails, and then travel the Munda Biddi trail to the next campsite

We visited Marrinup campsite and Marrinup prisoner of war camp which was an internment camp for German and Italian prisoner of war's during World War II. Students also got to refresh their tired bodies in the river adjacent to our campsite at Nanga.

On the final day of the camp students were able to participate in a zip-lining course which combines a high ropes course with zip-lining. It was a perfect way to finish an eventful with some wonderful Year 12 students.

Congratulations to all the students that attended this expedition, they showed perseverance and grit to make it through and made some great memories with friends and staff



Interschool Athletics Competition

On Friday 13 October we participated in the interschool athletics carnival held at the Western Australia Athletics Stadium.

All students on the day represented the College in a positive manner and participated actively throughout the day. Gilmore College as a team held their own against the other seven schools and we were between 5th and 6th place throughout the day. However with the day being so warm the heat got to

the competitors towards the end of the day and we unfortunately did not do so well in the last few events.

On the day overall we finished in 8th place, however on a positive note Sonya Beaman finished the carnival off being announced as Year 7 Runner-up Champion girl.

Adam Hammond
Teacher - Health and Physical Education

HMAS Stirling Young Women Navy Leadership Camp

During the second week of the holidays two Gilmore College students Keniesha Green (Year 10) and myself, Olivia Morton (Year 11), went to HMAS Stirling in Rockingham to be a part of the Young Women Navy Leadership Camp.



This camp was organised through the Royal Australian Navy (RAN) work experience program. Over the course of three days and under the guidance of RAN women mentors, 20 young women from Western Australia and Brisbane had the opportunity to participate in a range of leadership and teamwork exercises.

We were able to visit the Australian Clearance Diving team FOUR (AUSCDT FOUR), where one of the girls got to put on a bomb suit and others operated a small land robot, which is designed to be used in dangerous situations. We also experienced the joy of waking up early and going on a 20 kilometre mountain bike ride around the very beautiful Garden Island.

Later in the camp was a visit to the Submarine Escape and Rescue Centre where we were able to experience the Single Escape Trainer which is about 20 meters in height, 5 ½ meters in diameter and 430 thousand litres in water. We then got to tour a submarine, the HMAS Waller, which was in port during our camp.

"I would highly recommend this amazing experience to any girl thinking of pursuing a career in the Australian Defence Forces".

We got to visit the Fleet Support Unit and see the barrel of a 5 inch gun at the weapons workshop and also a self-programmed robot demonstration at the Sensors Workshop. There was also a tour of the HMAS Launceston patrol boat. We experienced shooting laser guns, which had been modified from real guns and got to shoot at a computerised targeting system.

I thoroughly enjoyed the camp and the accommodation provided and could definitely see myself pursuing a career in the Navy. The camp was very enlightening and I would highly recommend this amazing experience to any girl thinking of pursuing a career in the Australian Defence Forces.

Olivia Morton, Year 11



Point Peron Leadership

On Monday 24 October Mr Patterson and Mr Davies took 23 Year 8 students on a leadership reward excursion to Point Peron.



The day was set up with team building activities of rock climbing and archery. As soon as the group got to Point Peron, they were introduced to the instructors Lisa and Jessica. The students were split into two groups of 11-12, each doing a different climbing and trust activity.

Group 1 started at crate stacking - 2 teams of 5-6 competed against each other. The groups had to build a tower for someone to stand on and be the first team to reach the objective first. At first it was a stack of 8, but the further through the activity it became more challenging. They had to work, think and co-operate as a team to be able to win. After every member had a try, both teams

competed against each other to win the prize of chocolate. After a few fallen towers and wobbly feet, the prize was collected.



While this was happening, Group 2 was rock climbing their way to victory. On this hard course, they didn't necessarily need much muscle for this activity. All they needed was a good safety and navigator person and a resilient climber. Many people made it up, whether or not it took them five minutes or thirty minutes. After these activities were completed, both groups were taken to the dining hall for a complimentary recess, supplied by Point Peron chefs.



After this break, the groups were taken back to the gym, and swapped to the other activity. Group 1 doing rock climbing and group 2 doing crate stacking. After completing this we were taken back to the dining hall for a 30 minute lunch, while Point Peron staff set up archery. The archery was the final activity for the day, and everyone was eager to participate, including Mr Patterson and Mr Davies. With a wager of a \$5 canteen voucher, everyone tried their best to hit the bulls-eye. **Chloe Hasset** showed her class and was the **top archer for the day**, hitting the outer ring of the bulls-eye. Mr Patterson told the group that the teachers rarely missed the target while doing archery and would not be counted in the canteen voucher competition. Every student participated in all the events no matter what injuries they had. It was a great privilege to go to Point Peron, and hopefully we will have more groups go next year.

Annaliese Fancote, Year 8

NIGHT FIELDS



KWINANA NIGHTFIELDS

**FREE
DINNER**

**GIVEAWAYS
AND SPECIAL
GUESTS**

WHERE: Orelia oval and Gilmore College Basketball Stadium

WHEN: Friday's 5.30pm – 8pm

WHAT: Free sport matches and skill competitions

WHO: Boys and Girls 10 - 18

SPORTS: Football, Soccer, Netball and Basketball

13 OCTOBER

27 OCTOBER

10 NOVEMBER

24 NOVEMBER

8 DECEMBER

For more information please contact Liam Anthony on 0429 348 353 or lanthony@wafc.com.au
and Aija Bent-Trinder on Aija.bent-trinder@kwinana.wa.gov.au



ALCOHOL, DRUG, VIOLENCE & SMOKE FREE

**2018
ADMINISTRATION OFFICE
OPENING HOURS**

Thursday 25 January 2018	8:00am – 4.00pm
Monday 29 January 2018	8.00am – 7.00pm
Tuesday 30 January 2018	7.00am – 4.00 pm

**Office Hours from Wednesday 31 January 2018
will be Monday to Friday 8.00am – 4.00pm**

**2018
UNIFORM CONCEPTS SHOP
OPENING HOURS**

Thursday 25 January 2018	9:00am – 4.00pm
Monday 29 January 2018	1:00pm – 6.30pm
Thursday 1 February 2018	8.00am – 11.00am
Friday 2 February 2018	8.00am – 11.00am

**from Week 2 normal opening times of the
uniform shop will resume
Tuesday and Thursday 8.00am – 11.00am**

Parent/Carers Tour of the College

Thursday 7 December 2017, 9:00 – 10:30am

We warmly welcome parents and caregivers to attend a Tour of the College on Thursday 7 December 2017.

There will be a walk through the College from 9:00am, followed by morning tea and a Question & Answer session in the College staff room. Tours are conducted during a normal school day to provide you and your family with a true sense of Gilmore College. All members of the family are welcome to attend.

RSVP Tour of the College essential before Monday 4 December to the Administration office on 9411 1811 or gilmore.college@education.wa.edu.au.



‘Education is like a baseball game, it needs all its players: parent, teacher, community, and student.’

Gilmore Positive Action Community (G-PAC) promotes the interests of the school through developing positive experiences for parent and community involvement in the school. It's a forum for the parents and community to discuss issues pertaining to the school and its community. We aim to help provide extra amenities for the benefit of students.

All parents are encouraged to become members of the G-PAC as it offers parents the opportunity to be aware of what is happening in the school and what is being discussed by the parents so they can contribute if they wish. The more opinions we have, the more rounded and helpful our combined suggestions, ideas and visions will be to the school community.

G-PAC meets for an hour from 4-5pm on Wednesdays in Weeks 2 and 8 of every Term. **The next meeting will be held in the main conference room on Wednesday 29 November at 4pm.**

Why not join G-PAC today and help us make a positive difference in the school and community?

“Parent involvement in education is like the frosting on a cupcake, it makes it complete and oh so sweet.”



Find us on Facebook **Gilmore Positive Action Community**



TALKING DRUGS

PARENT INFORMATION SESSION

SDERA
EDUCATING FOR SMARTER CHOICES



**Book
now!**

Helping to keep our young people safer

Parents, carers, teachers and school staff have a crucial role to play in the education of young people to reduce their risk of harm from alcohol and other drugs including methamphetamine.

SDERA has been supporting school communities for over 19 years through successful, evidence-based alcohol and other drugs and road safety education programs.

This **FREE Talking Drugs** information session is for parents and carers of students in all year levels. Come along to find out about:

- SDERA and how we work with schools.
- Trends in student drug use.
- The role parents/carers play in school drug education.
- Tips on how to start a conversation with children.
- Where to go for help with a drug-related problem.

Date:

Wednesday 15th November

Time:

6.00pm-7.30pm

Where:

Gilmore College,
Dargin Place, Orelia

To book or for more information contact:

Kelli Dawson
kelli.dawson@education.wa.edu.au
9402 6267

www.SDERA.wa.edu.au



Engaging Adolescents

Parenting skills for resolving teenage behavior problems

A two-session program for parents and carers

When Monday 20th and 27th of November
9 am – 12 noon

Where 9 Baralda Court, Rockingham

Cost \$10 for the parent workbook

Learn:

- Some common ground shared by parents and reasonable expectations to hold about adolescents
- A three-option model and flow chart for decision-making
- Building relationship with your teenager and making the best of your non-crisis conversations with them
- Skills for tough conversations for handling those problems you just can't ignore

Further Information

Contact KEYS on 9439 1838 for further information or to register.



SOUTH WEST METROPOLITAN PARENTING PARTNERSHIP





TRIPLE P: POSITIVE PARENTING PROGRAM

When:
Monday 27 November 2017
 Raising Responsible Teenagers

Monday 4 December 2017
 Raising Competent Teenagers

Monday 11 December 2017
 Getting Teenagers Connected

Time: 5:30- 7:30pm

Venue: headspace Rockingham,
 3/18 Goddard St, Rockingham WA

Contact:

P: 08 6595 8888

E: hello@headspacerock.co.au

Managing teenage children's behavior can be challenging at times for most parents.

Parents are invited to attend free parenting seminars to learn practical, positive and effective ways to manage common behavioral problems, and ways to help your child achieve their best at school and in the future.

Parents may choose to attend one, two, or all three of the following 2 hour seminars.

Registrations are essential as places are limited.



headspace National Youth Mental Health Foundation Ltd is funded by the Australian Government Department of Health under the Youth Mental Health Initiative Program

Secondary schooling scholarships

Give your child the best opportunities to succeed.

The Department of Education is committed to helping children succeed in school. As part of this commitment, we coordinate a number of financial scholarships, grants and prizes for young people in secondary school so they can focus on achieving their education goals. Our current scholarships, grants and prizes with their respective values, eligibility requirements and closing dates are listed below.

All applications (except for Olive A Lewis Scholarships) must be submitted online. A guide to using our online forms is located at the bottom of this page. Further information on eligibility, assessment and supporting documents is in each application form. We recommend you print the relevant application form to use as a checklist before starting your application online, as application progress cannot be saved before submitting.

Once you have submitted an application, you will be sent an automatic confirmation email. Please check your spam or junk folder if you do not receive this email.

All scholarships are assessed by a selection committee and applicants are advised of the outcome by email during Term 1 2018.

For more information email the scholarship coordinator Pathways and Transitions. Scholarships@education.wa.edu.au or telephone 9402 6304 or 6206 2010.



Educational Scholarship Program

Are you in High School or planning further study?

Applications are available online
www.kwinana.wa.gov.au/scholarships

Applications close
5pm Sunday 19
November 2017

Apply for an Educational Scholarship to help with school fees and the purchase of books and supplies.

For more information contact 9236 4552
or visit: Zone Youth Space, City of Kwinana Administration Office or your school administration office.

    www.lyrik.com.au

Educational Scholarships are only available for residents of the City of Kwinana
**Or equivalent studies as deemed appropriate by the City of Kwinana

 [kwinanaLyrik](https://www.facebook.com/kwinanaLyrik)



Wellness Centre News

We now have 3 Clinical Community Health Nurses from Child and Adolescent Community Health (a part of PMH) working at Gilmore College.

Lea McWhae on Monday.
No Nurse Tuesday

Nicola Coleman on Wednesday and Thursday.
Andrea Diery on Friday.

We are available on 0407 510 502 to discuss your child's health needs.

A new Health Department directive does **NOT** allow us to administer **PANADOL** any more at school.

If your child is sick you will be called to collect or bring in some medication for them. We always encourage teenagers to become independent so make them get organised especially with hayfever and asthma season coming on.

A reminder that the last rounds of vaccinations are in Term 4 for Year 8s and the **FREE** Meningococcal vaccine is available for Year 10, 11 & 12s. If you have missed any they are available at Child and Adolescent Community Health in Kwinana ph 94192266 for an appointment.



In October we had a BREAST CANCER AWARENESS morning tea for the staff. It's a good reminder to check yourself regularly, get a follow up from your doctor, eat well and exercise. Make sure your daughters are **AWARE**. Breast Cancer still affects 1 in 4 women and men as well.

Leaking bucket syndrome

Exam Tips

Suppose you are asked to deliver a full bucket of water across a fair distance, within a set time and you have a bucket that has a small crack.

Apparently, you would choose to fill the bucket to the brim and run. Water will leak and you may end up delivering only half bucket of water. If you had a good bucket, you might as well have taken just half bucket of water and walked unhurriedly to deliver the same without any leakage.

This analogy explains the situation of Mathematics students when giving their assessments. Say, there

are 100 questions to be answered. A brilliant student who is well-prepared can make careless mistakes and can end up getting just 50 questions right. On the other hand, a weak student who has prepared only for 50 questions can end up answering correctly all 50 of them if he/she is calm and composed during the assessment.

As a teacher, I would say that the second student had scored 100% from his/her own perspective - as he/she had prepared for only 50 questions, but got all of them right.

I advise students to remember this story of leaking bucket and not commit careless or silly mistakes in their exams.

Asif Asif - Teacher, Mathematics



Term 1 2018 Commences

Wednesday 31 January at 8:30am

Relationships Australia

“Parent-Teen Connection” Cost: \$50 pp, \$75 p/couple

We’ve all gone through adolescence-do we remember?

- Behaviours and tasks of adolescence;
- Developing a helpful perspective on adolescence;
- Handling conflict; and
- Discipline.

Date: Saturday 4 November 2017 Time: 9.30am to 4.30pm

“Kids & Today's Technology” Cost: \$30 pp

A seminar for parents of kids between 2 and 18 years!

- Family conversation starters around technology;
- Managing screen time;
- Cyber bullying, predatory behaviours & safety;
- Social media – how it works & control measures available; and
- How to keep yourself up to date with technology.

Date: Thursday 9 November 2017 Time: 6.30pm to 9.00pm

“Rock & Water Program” Cost: \$70 p/couple (one adult/one child)

This program of physical exercises leads from simple self-defence, boundary and communication exercises to a strong notion of self-confidence.

Date: Saturday 11 November 2017 Time: 8.30am to 12.30pm

Where: 22 Southport St, West Leederville

Bookings are essential – please phone 6164 0200 to enrol



Gilmore College
An Independent Public School

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E. Gilmore.College@education.wa.edu.au
W. www.gilmorecollege.wa.edu.au

Important Numbers

Attendance	9411 1823
Library	9411 1842
Main Administration	9411 1811
Student Services	9411 1823