

in TOUCH

The Newsletter of Gilmore College

TERM 3 ISSUE 2 2015



Into the Woods

This month, Gilmore College Arts students performed in their first musical. These students have been rehearsing since Term 2 after school and on weekends to learn lines, practice singing, dancing, creating props and costumes, learning lighting and sound.

The students performed in front of a sold out audience, including Her Worship the Mayor Carol Adams, Director KIC Chris Oughten and Roger Cook ML.

Thank you to all parents/caregivers, staff and friends who have supported us through this journey.

Sophia D'Rozario
Head of Learning Area
The Arts



From The Principal

Dear Parents and Caregivers

Welcome to our September edition of InTouch – our monthly window into life at Gilmore College.

My second month in the College has certainly been a busy one. There are many positives to report and the articles contained within the newsletter make for a good snapshot.

Late in August it was a privilege for me to attend the iScience presentation night where 4 students from our Year 10 cohort participated in a range of industry based activities to gain an insight into life working in industry. This was coordinated by the local KIC and run expertly by Debbie Hoey who many will know as the coordinator of training services for our Engineering program. The students spent 2 days at Murdoch University and a further four days on site at CSBP, ALCOA, CBH, BP and a range of other major employers. On the presentation night our students gave a great account of their participation in the program and Leila De Oro and Fen Estrella were awarded valuable scholarships to Murdoch's Connoco-Phillips Science Summer School to be held in December.

On Tuesday 22 September, our Arts team, ably assisted by an army of staff and parents, helped our students present a very ambitious and successful performance of Steven Sondheim's Musical "Into the Woods". Everyone who attended (and it was a completely sold out performance) would agree that

our students lit up the Koorliny Arts Centre Theatre with their effort, energy and confidence. I commend all of the students and staff on what was a thoroughly entertaining evening and single out in particular Ms Italiano and Ms Telkamp who directed the students to the finished product.

Recently parents/carers of Year 7 and 9 students will have received their child's NAPLAN report. The results show some pleasing improvements for many of our students and point to some excellent progress being made between Year 7 and 9 testing periods (2013-2015). College staff will continue to dissect and analyse these results as improving Literacy and Numeracy remains a priority of our Business Plan.

On Friday 25 September, our Year 12 students will finish their secondary schooling with an afternoon tea in our staff room. It will be a great opportunity for us to celebrate their six years in our College from 2010 to 2015 as they commence that period known as "life after school".

We look forward to celebrating further at their Valedictory Breakfast and the evening Valedictory Ceremony on 27 October. My thanks to Mrs Leeds and Mr Groznica as well as our Principal Mrs Cook and the cast of teachers who have helped these students through difficult times, challenges and successes over their time in our community. To those students and undoubtedly their heavily invested parents and families who are about to undertake

ATAR examinations in November, I wish you the very best of luck with a reminder that luck is best made by carefully and thoroughly preparing when it comes to exams.

During Term 4, our College Board will be continuing to look at ways to engage the school community. Our ongoing work with Creating Communities has led to an exciting event being scheduled for 10 November. We will be holding a "Dialogue Café" which is effectively an opportunity for parents, staff and community members to come together, share a three course meal prepared by our Hospitality students and talk about the positives the school has to offer, the direction that we are headed and areas for improvement in the mid to long term future.

Early next Term an invitation will be sent to all parents and caregivers to attend, which contains more details. I certainly look forward to meeting as many parents as I can at the Dialogue Café as my personal contact with parents since arriving at the school earlier this Term has been nothing but positive.

My best wishes to all staff and students for a happy and safe Spring holiday. Please remember that Monday 12 October is a student free School Development Day with students set to return on Tuesday 13 October.

Rohan Smith
Principal



Breakfast Club

What an amazing first 6 weeks I have had at Gilmore College. Such a fantastic time meeting some of the students and I've especially enjoyed seeing everyone at Breakfast Club.

Breakfast Club is not just about food, it's also a place to hang out with mates and chat. It's a great place to connect with friends and have something to eat. **We are open every day from 8–8:30am.** I look forward to meeting more students at Breakfast Club or in Student Services.

Thank you to Rotary Club and Woolworths Kwinana for supporting the breakfast club and a "BIG" thank you to the fantastic Student Volunteers – Jordan Harris and Brayden Kelly.

If you would like to volunteer to help please come and see me.

Linda Liddelow
College Chaplain

Connect

Connect is the Department of Education's online environment which will provide teachers, students and parents with secure access to a collaborative online learning environment via the internet.

The aim of Connect is to provide a secure internet service that will allow teachers to provide information about the teaching and learning activities occurring in the classroom directly to the parents of students in this class. Participation in Connect is optional for parents, if you would like to take part you will require internet access and a computer. No additional software is required. The Department of Education will issue you with a unique user name and password which will provide you with access to Connect.

Initially, Connect will allow teacher's to provide general class information to you about the teaching and learning activities that his/her class are undertaking. In the future, the service may be further developed to allow more flexible communication between parents and teachers, as well as providing personalised information about your child's learning activities and progress.

In order for you to take part in Connect, please see main Administration for a Connect Registration for Parents form. Once completed and returned you will then be confidentially issued with your unique user name and password as well as access details for Connect.

National Literacy Week 2015

For the National Literacy Week 2015, the English Learning Area organised two activities for our year groups.

The Spelling Bee for Years 7-9 conducted by Mr Chinery and Ms Williams and a Poetry Competition themed around 'The Open Door' conducted by Mrs Rozario for Years 7-12.

Thank you to all the students who participated and made this event a success. Congratulations to all our winners.

Marita Rozario
Teacher
English

The Open Door

*It's like you're waiting for something
You know is not going to happen.
All these horrible things you have gone
through,
You don't even know why you tried,
But you did.
In the hope, that something might
happen...*

*Nothing ,
Nothing happened.
The door is still closed.
You still feel the hurt, the pain
When will it get better?
Will it ever get better?
You ask yourself everyday
It all makes you want to just stop
And not want to think anymore
How much do you have to endure 'til it
changes?
How much hurt and pain till it finally
gets better?*

*But that's not how it works
Doesn't matter what happens to you...
It's not going to get better...
And I am done waiting,
I am done being the idiot that waited for
something...*

*For nothing,
For an open door....*

By Nicole McCracken 9.2

The Open Door

*Look here upon the open door,
The gate, ajar, to ancient lore,
The knowledge within, held in chains,
By money, greed, power and fame.*

*The human lust for materiality,
Destroys our inner prosperity,
Against our strongest will, we watch,
As our morals slip away from us.*

*The war within overtakes our life,
Our hearts embrace the cold,
hard knife,
We've fought the dark since so
long ago,
Fallen in love with our blackest shadow.*

*The open door before us shuts,
We lie, regretting completely, our cuts,
We pull, we cry, we thrash, we scream,
The knowledge we crave washes
downstream.*

*Our self-worth begins to quickly wither,
As a quick surrender beckons
us "hither",
We accept the escape from reality,
From life.....an escape from society.*

*A sliver of light across the ground,
A reminder of all that we had found,
A battle for things we fought before,
now bars us from the once open door.*

By Zachary Sylvester 10.1

Through The Door

*Through the door,
Through the door,
What journey lies beyond?*

*Through the door,
Through the door,
Go through it while you're young?*

*Through the door,
Through the door,
You better make it quick!*

*Through the door,
Through the door,
Or your hair will go snip!*

*Through the door,
Through the door,
What wonders will you sight?*

*Through the door,
Through the door,
What horrors lurk at night?*

*Through the door,
Through the door,
You might see purple trees!*

*Through the door,
Through the door,
Look out for holly leaves!*

*Through the door,
Through the door,
Take your sister or your brother.*

*Through the door,
Through the door,
Or how 'bout your father or your
mother?*

*Through the door,
Through the door,
Do you dare to venture?*

*Through the door,
Through the door,
Will your worst fears get cha?*

*Through the door,
Through the door,
Go through the open door!*

By Maddie Ryan 7.1

Australian History Competition 2015

Once again Gilmore College students did very well in the Australian History Competition, competing against 23,000 students from across Australia.

We are very proud of the effort of all students who participated and want to acknowledge the following who gained a Credit or above:

High Distinction

Keenan Parish

Distinction

Hunter Culbong

Credit

Cody Shortland

Zachariah Silvester

Innocent Chikwama

Head of Learning Area

Humanities and Social Sciences

Statewide Student Parliament **Legislative Council**

The 2015 Statewide Student Parliament was an incredibly enlightening experience as to what it means to be a parliamentarian. Not only did I learn valuable social skills, but during this time, I also made many friends.



Friends made on extra-curricular activities like this are the kind that stay with you for a lifetime. I would like to thank Mr Chikwama for giving me the opportunity to attend this event.

The 2015 Statewide Student Parliament was truly the highlight of my school year and I hope the next student that is able to participate has as good a time as I did.

Zac Silvester

Year 10

Member for South Metro Region

Australian Geography Competition

Representatives from Years 7 to 12 took part in the 21st annual Australian Geography Competition at the end of Term 1 this year and the results are in.

Approximately 75,000 students from all around Australia entered the competition, organised by the Australian Geography Teachers' Association and the Royal Geographical Society of Queensland.

Geography is a vital subject that all young people should study. It helps students understand the world around them and how people and environments are interconnected.

All students received a Certificate of Participation at our Whole College Assembly. Notable achievements include:

Credit

Year 7

Vusa Mate

Donell Nak

Callym Nugent

Gelianne Tallorin

Year 8

Abigail Del Carmen

Marionne Domingo

Samuel French

Oscar Reeves

Russell Yambao

Year 9

Kim Dela Calzada

Blayde Dietsch

Cooper Tilbury

Alex Mathieson

Year 10

Huynh Le

Samson Palmer

Zachariah Silvester

Ivan Valenzuela

Year 11

Ethan Chidlow

Distinction

Year 8

Ebony Drake

Kali Felstead

Year 9

Vince Gingoyon

Year 11

Aiden Williams

Congratulations to all participants.

Jessica Bidwell

Teacher

Humanities and Social Sciences

Cross Country Event

On Friday 21 August, we held an inaugural cross country championship on the ovals surrounding the College.

The event was well supported by our students, with 50 students nominating and attending the event. Although the weather was cold and blustery, students competed in an impressive display of endurance and perseverance. Congratulations to all competitors and well done to the following students placing in the top 4 positions for each year group.

Jeremy Ingram
Head of Learning Area
Health and Physical Education

Year 7 Girls

1. Laura Pene
2. Josephine Park
3. Taneesha Coyle
4. Aider Kittler

Year 7 Boys

1. Kobey Green
2. Sebastian Pietraiu
3. Cory McDonald
4. Shaun Pereyra

Year 8 Girls

1. Brianna Grey
2. Leah Carroll
3. Tara Garlett
4. Cammoren Lombaard

Year 8 Boys

1. Alex Haywood-Darke
2. Michael Briggs
3. Morgan Bropho
4. Jared Wright

Year 9 Girls

1. Kaleisha Cook
2. Chloe Bold
3. Lea Cortes
4. Brianna Ewen

Year 9 Boys

1. Tim Schneider
2. Bodie Murcott
3. Tristan Linsley

Year 10 Girls

1. Abbey Stidworthy
2. Tia Jones
3. Toni Thomas

Year 10 Boys

1. Jesse Haji-Ahmed
2. Jacob Guy
3. Joel Sandqvist

Year 11 & 12 Girls

1. Lauren Dearlove
2. Brooke Coleman
3. Nomsa Wachipa

Year 11 & 12 Boys

1. Dale Viney
2. Mohsyn Jalal Mastor
3. Max Englesmann
4. Zac Millington

Volleyball Western Australia Schools' Cup

On 5 and 6 September Year 10 Student Clyn Mapano and I took 7 students to participate in Volleyball Western Australia's Schools Cup.

The team performed to a high standard all weekend, eventually finishing in second position narrowly losing to North Albany Senior High School in the Grand Final. It was a pleasure coaching such a well behaved group of students and I could not have been more proud in the way they represented the College over the course of the weekend.

Craig Davies
Youth Support Officer



Milarie Dogello , Nicole Patterson, Richelyn Daniel, Ashley Dancel, Ivy Basnillo, Joan Manalo, Lea Cortes and Mr Davies

Year 7 Rugby League

The Gilmore College Rugby League team competed in the Southern Schools 10 a side Carnival at Lark Hill Sporting Complex.

It was a perfect day for Rugby League and the boys were very excited to play in their first tournament for Gilmore College.

The first game was against Rockingham Senior High School. It was a tough game to start the Carnival and the boys demonstrated great composure and held on for an outstanding victory. Throughout the day the team played eight fifteen minute games against four other schools. This was a tough ask as we only had 12 players and the schedule only allowed for two breaks. We played each team twice and at the end of the tournament we were placed third.

The entire squad had a tremendous day as we only had 3-4 practice sessions and it was fantastic to see how hard the boys played for the team. They played each game with enthusiasm and fought to the last minute to ensure that Gilmore College was a force to be reckoned with.

Some of the players to stand out were Manaia Tai who captained the side and lead by example. Some of his runs were brilliant. Josh Clarkin was massive on the day; he ran hard and tackled his heart out. Clayton Moore, Jorden Allan-Cordery, Kyle Mitchell and Hayden Storti had great games and gave 100% on attack and defence. The team worked out that if they could get Clayton the ball with some space it was going to be TRY TIME.

Ben Caldera, Dylan Irula and Lennox Caraynidis were solid on defence and were always on hand for the off load. The super subs, Tahj Anderson and Gerome Jones injected some big tackling and looked impressive on attack. Liam Woodroffe played his heart out and displayed some great footwork. The boys are to be commended for the way they represented our school, their behaviour was impeccable and I hope they stick around for next year's carnival. Some of the boys will be valuable assets for the Year 8 Carnival in Term 4.

Results

Gilmore v Rockingham 16-12

Gilmore v Rockingham 10-18

Gilmore v John Tonkin College 16-4

Gilmore v John Tonkin College 12-6

Gilmore v Mandurah Baptist 12-4

Gilmore v Mandurah Baptist 10-14

Gilmore v Warnbro 6-14

Gilmore v Warnbro 6-22



Special mention also goes to Hopa Henry and Mesiah Hughes who ran the warm ups and encouraged the boys during and after the games. The water attendants Tunisia Leef and Fatmata Sesay kept the boys hydrated; they even provided a special water shower for the boys at the end of the tournament to ensure that hydration levels were high and that cramping was kept to a minimum. The boys are to be congratulated for their effort.

Hamish Patterson

Teacher

Health and Physical Education

House Athletics Carnival 2015

After winning the shield for Best House at the Athletics Carnival for 4 years running, Amity were again favourites for this year's title. Attendance was impressive, as was the atmosphere around the Gilmore College Athletics Track when events got under way. Scindian and Cygnet were heavily tipped to be the big improvers after a recruiting program had identified some top talent amongst our Year 7 students which were swiftly drafted into these Houses.

Most year groups were well represented, however, the Year 11 and 12s impressed with their commitment to representing their House, as did the Year 9s and Year 7s. The 800m events were popular early in the program as was the following 200m events. In the 200m two were broken with Cameron Ogle (Challenger) recording 24.04sec in the Year 11 and 12 boys event and Clayton Moore (Scindian) recording 27.00sec in the Year 7 boys 200m. Congratulations.

The jump pits were very busy all day with increased numbers participating trying to snatch victory for their Houses. Hopa Henry, Masiah Hughes and Sam McNally pulled off the Cygnet triple in the Year 10 boys long jump, recording 4.93m, 4.26m and 3.94m respectively. Shayla Maddocks won the Year 10 girls triple jump for Scindian with 7.34m whilst Teliah Coleman smashed the Year 7 girls Triple jump record with a jump of 7.20m.

Participation in events throughout the day was very pleasing. The Year 7 girls long jump event had an amazing 32 participants (Teliah Coleman 3.26m) and the Year 11 and 12 girls long jump had 23 (Kaditja Beyan 3.83m). Mr Ballantyne had to run 3 heats of Year 7 boys 400m, not usually such a popular event. This was won by Clayton Moore in an impressive time of 1:01.35min

The 100m races were amazing, with competition fierce in this very popular blue ribbon event. The Year 9 Girls event was won by Shanika Turoa in a time of 15.12sec. The Year 9 boys event was won by Tim Schneider in an impressive time of 12.60sec. Clayton Moore broke the Year 7 100m record in a time of 12.90sec. Congratulations to everyone who placed.

The relays finished the day off. Many teams were entered with some houses putting in 2 teams for most relay events. Times were good, however, changeovers need work to make sure the baton changes are fluid and fast. A highlight for me was the final relay of the day where Cameron Ogle ran down a brave Dale Viney from Amity to snatch a win for Challenger. Amity would be considered the big winners from the relays recording 4 wins and 4



second places. The question was would this translate into a carnival winning effort?

In the final calculations the results of the day were reasonably close, however as expected, Amity had won the day from Challenger. Cygnet were the big improvers in 2015 narrowly missing second place and having to settle for 3rd. Scindian rounded out the top 4 places and look to be the team to beat in 2016. Congratulations to all of our competitors and year champions for their efforts in making our athletics house carnival so successful.

Jeremy Ingram
Head of Learning Area
Health and Physical Education



Results for Gilmore College House Athletics Carnival 2015:

1st: Amity
2nd: Challenger
3rd: Cygnet
4th: Scindian

Year 7 Boys
 Year 7 Girls
 Year 8 Boys
 Year 8 Girls
 Year 9 Boys
 Year 9 Girls
 Year 10 Boys
 Year 10 Girls
 Year 11/12 Boys
 Year 11/12 Girls

Champion

Vusumuzi Mate
 Teneesha Coyle
 Michael Briggs
 Leah Carroll
 Tim Schneider
 Jayde Fabry-Roche
 Hopa Henry
 Madison Reid
 Cameron Ogle
 Kaditja Beyan

Runner-Up

Clayton Moore
 Laura-Lee Pene
 Alex Haywood-Darke
 Bree-Anna Gray
 Bodie Murcott
 Shanika Turoa
 Jacob Mathieson
 Lexie Francis
 Samuel James
 Kiandra Tai & Elia Strickland



2015 Record Breakers

Event Name

Year 7 Boys 200m
 Year 7 Girls Triple
 Year 7 Boys High Jump
 Year 11/12 Girls Shot Putt
 Year 11/12 Boys 200m
 Year 7 Boys Triple Jump
 Year 7 Boys 100m
 Year 10 Boys Shot Putt
 Year 7 Girls Discus

Student

C. Moore
 T. Coleman
 S. Pereyra
 O. Lavulo
 C. Ogle
 M. Tai
 C. Moore
 H. Henry
 K. Vollmann

New Record

27.00sec
 7.20m
 1.30m
 9.73m
 24.04sec
 8.16m
 12.90m
 14.71m
 19.62m





2016 Worldskills

The State final for the VETis 2016 Worldskills Competition was held at Challenger Institute of Technology on Friday 18 September. The competition was open to students from all schools and the final included competitors from Gilmore College, CBC Fremantle, South Coast Baptist College and Pinjarra Senior High School.

The Gilmore College representatives were Carlo Ignacio, Ryan Sampson, Darren Upoko, Thomas Pratt, Samuel James and Jake Chaplin-Ardagh who performed very well and were excellent ambassadors for the College.

We thank staff at Challenger Institute of Technology for organising the competition and making the facility available along with Mr Brian Jenkins for giving up his time to help conduct the competition.

At the conclusion of the competition Mr Jenkins paid tribute to all the students and congratulated them on their excellent work ethic and their safe work habits while competing. Results to be advised in our Term 4 Newsletter.

Robert Guest

Teacher - Design and Technology
Technology and Enterprise

High Tea

This Term, the Year 10 Food and Enterprise students have been researching, devising and producing foods that can be eaten at a high tea event. They also learnt the finer details of how to organise an event, from decorations to menu's to invitations.

Armed with a wealth of knowledge, each student chose a recipe and independently produced a dish to be served to guests at their very own high tea. The students produced amazing foods that were thoroughly enjoyed by all. I am extremely proud of each and every one of them who put in a 100% effort leading up to and during the event.

Rebecca Tennant

Teacher - Home Economics
Technology and Enterprise

Taylah Bagshaw, Nathaniel Bott, Steven Bott

Harmony Bowles, Hayley Cook, Tiana Cook, Richelyn Daniel, Leila De Oro, Jiralyne Dela Pena, Travis Gamble, Maora Henry, Vercilla Salvia, Damien Te Hira, Skye Cooper, Ciara Regan



Years 8 and 9 River Cruise

What a cruisy way to spend a Thursday. 160 Year 8 and 9 students, 6 teachers, 1 chef, 2 boat crew members, one giant glass boat... and of course the Swan River.

Our morning started travelling by bus to the Barrack Street Jetty and our hidden gem the Crystal Swan. Fair to say that the students were rather impressed with its prowess and beauty. With a cautious walk across the gangway, big eyed and slightly intimidated, the students set off exploring its two decks and amazing views of the South of Perth. It didn't take too long for them to feel at home - especially when they found out the soft drinks were unlimited.

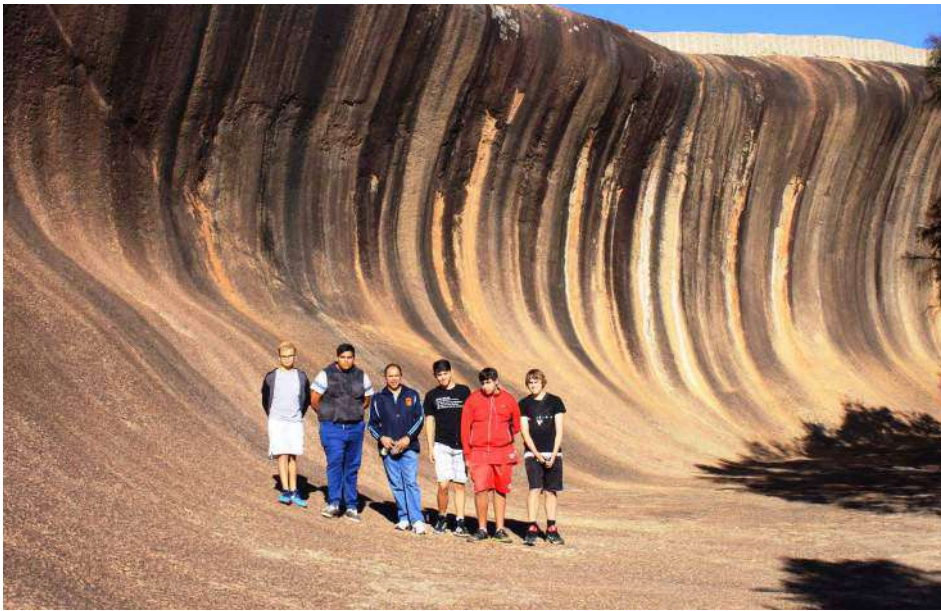


We set off from Perth to slowly cruise our way down toward Fremantle - but at our speed we were never going to make it. Hamburgers and chips served in small boxes were quite the hit, followed by fish and chips, and muffins for dessert. Once their bellies were full, it was time to hit the dance floor. When they became familiar with the DJ out came the requests. Seems there are some cute couples at Gilmore College, even if some of them are imaginary (who is Callum Hood?).

After an amazing 3 hour tour of the Swan River, it was sadly time to say good-bye to our rather good looking captain and get on the road back to Gilmore. I have to say that all our students looked amazing and were so well behaved. They were a credit to Gilmore College in the way they conducted themselves and I am looking forward to taking them on the next Reward Excursion in Term 4.

Emma-Louise Mills
Year 8 Coordinator





Shadow Man takes Wardongs on Tour of Home Country

In June 2015, Gilmore Clontarf Academy Operations Officer, Mr Collard, aka Shadow Man, took a few of the senior Wardong boys on camp to his home country around Kondinin. Sadly, several of the Clontarf boys couldn't make the trip because of last minute exams to finish off, while others had come down with a cold/flu that was doing the rounds and wreaking havoc in Kwinana. Regardless, being a proud Ballardong man, Mr Collard had carefully organised a special homecoming tour to remember for the boys.

There was some sightseeing, interesting local knowledge and historical tales on the road out to Kondinin, including a quick stop in Brookton and at the dog cemetery outside Corrigin. Once the boys had settled into the chalets at Kondinin Caravan Park and gotten their bearings, it was time to grab a shovel and wheelbarrow and do some hard yakka to help with the new community garden that was being set up in town.

Come sundown, the Wardongs had certainly earned a big hearty dinner at Kondinin Hotel, before kicking back around the camp fire to sing along and enjoy some soulful tunes from Shadow Man and local guitar maestro John Reed (who's day job happens to be the Shire of Kondinin CEO). The boys were still keeping beat and quietly singing to themselves when the time came to head to bed.

After a restful night's sleep, a glorious morning dawned for a full day of activities. The Wardongs were treated to a personal guided tour from the Shadow Man himself out at Wave Rock and Hippo's Yawn, as well as the culturally significant Mulka's Cave and surrounding bushland and hills at The Humps. It was fascinating to learn more about the Aboriginal history of the area, including how the Noongar people used to hunt and live off the land through innovative practices such as using the Gnamma holes.

In the afternoon, the boys were introduced to a big roo dog called "Bullseye", explored the beautiful landscape around the salt lakes trying to spot Yongas, plus got a demo from Shadow Man on how to find Bardie grubs.

The end of a busy day was a training session under lights with the local footy team, the mighty Kondinin-Kulin Blues. The boys did a great job of handling the

step up in intensity training with a group of big burly country men, who were impressed with some of the talent from Kwinana they saw running around the track. A home cooked pasta dinner and some quiet time around the camp fire was the perfect way to wind down and reflect on everything they had done and seen during their short time in Kondinin.

After cleaning up the cabins and packing the van next morning, there was still time to have a session of lawn bowls before hitting the road for the drive back to Perth. John Read came down for a cameo, and along with Shadow Man, taught the boys a thing or two about this mystical past time.



The Gilmore Clontarf boys and staff extend their sincere thanks to the Kondinin community for the wonderful welcome and hospitality during our camp, in particular to respected Aboriginal elders Don and Sylvia Collard, Alan George and John Read at the Shire, Darren and Margi Pool at Kondinin Hotel, and the players from Kondinin-Kulin Blues. The boys felt genuinely valued and welcomed in your town, and we will certainly be back for more adventures sometime very soon.

Xavier Menage
Director of Operations
Gilmore Clontarf Academy



Parents and Community have their say

Parent and family support is a powerful driver for a child's educational success. Parents and families that engage in their children's education have a significant influence on their academic and social advancement. Similarly, the more engagement the wider community has in a child's education the greater the post school options. With this in mind the College Board has identified building parent and community involvement as a key direction for Gilmore College.

Earlier this year the Board met with Andrew Watt from Creating Communities. This organisation has worked for 20 years with many schools across the State to build school, parent and community relations. Creating Communities uses a very collaborative and flexible approach which allows for a school and community led model that can flex and change to meet the needs of a specific community.

We asked Creating Communities to survey a broad sample of parents/caregivers, College staff, feeder primary schools and community organisations that are involved with the College. We wanted to know what the College is doing well and in what ways we can improve.

What you told us

In general, those surveyed identified the following positives about the college:

- Learning program and curriculum
- Pastoral care/student support
- Uniform standard
- The newsletter is a good form of communication
- Over half would recommend Gilmore College to a friend
- Strong and dedicated teachers
- Communication with feeder schools and parents
- Strong VET/practical-based courses
- Strong relationships with stakeholders and service providers.

A number of challenges and issues were identified, including:

- Lack of parent time to engage with the College, particularly during school hours
- Poor College reputation and community perceptions
- The need for better communication between staff and parents

- Quality and regularity of communication requires improvement
- A lack of opportunities for parents to engage with school
- The College needs to be more 'welcoming' or 'inviting'
- Some have poor previous experiences with the College
- Student behaviour and discipline
- Quality of teachers
- Many people are uninformed of special programs and initiatives
- The need for more personal contact (emails, phone call etc.)
- Almost half had not attended a College event in past 12 months
- A lack of parent interest in what is happening at the College.

Where to from here

The Board in conjunction with the Principal and other executive staff have identified 7 goals to build parent and community involvement.

1. Develop ways for parents/carers to be involved in their child's education
2. Conduct a "dialogue café" with parents and stakeholders to seek ideas on how to improve relationships and communication.
3. Develop an improved College communications system
4. Seek better engagement with feeder primary schools
5. Enhance the College brand through a focus on "aspiration"
6. Relationship building with parents and stakeholders
7. Develop a communications and engagement strategy

Over the next year the College Board and staff will be working hard to improve in these areas and as a first activity, Gilmore College will be holding a social event for parents and carers during Term 4. The event will be an opportunity to work on ideas for a new approach to communicating and engaging with the community. As parents and carers of our most precious resource – our young people – you have key knowledge and experience to make Gilmore a great school. We look forward to working together.

Mandy Grubb
Community Engagement Committee
Gilmore College

Health Centre News

It has been a busy Term with winter flu's and gastro, accidents and medical conditions.

If your child has a medical condition it is essential that you complete a Medical Action Plan and it is returned to the College together with any emergency medications so that we have the best outcome for your child.

We would also urge all parents/caregivers to take out ambulance cover as we will call an ambulance in an emergency and you could receive a bill of over \$800. With teenagers anything can happen. Family cover for ambulance only is as little as \$50 a year. Every child with a medical condition should have it along with those participating in sport, especially contact sports. Hopefully with the College ban on scooters and skateboards we will have a few less fractures to deal with.

On a positive note we have had some great programs in school. Yesterday our local aboriginal health service – Moorditj Koort visited the college to complete health checks on 25 boys and 4 girls with our local male and female doctors. This is a wonderful free service and a good opportunity to have any health problems identified and sorted, plus the students get connected to a good local medical service.

We were lucky enough to have our annual Health Expo run by the Year 11 and 12s. This year we heard lots of positive comments from teachers and students that it was the best one ever with lots of hands on activities. We were also lucky to have Mandy from Body Prep in Rockingham come and do boxing and fun exercise with the students. Exercise is great for physical and mental health. We hope lots of you signed up for her free classes.

Finally the whole college participated in R U OK? day. During advocacy students did various activities to encourage them to start conversations with friends by asking the simple question “are you okay?”. The staff dressed in yellow and had a fun morning tea. By starting a conversation and listening to friends, family and co-workers you could potentially save a life.

Andrea Diery and Beverly O'Halloran
College Nurses



Community Centres

School Holiday Program

September 2015

FREE!

Day	Date	Time	Activity	Where	Details
September 2015	Tuesday	29	1pm to 3pm	Minute to Win It Challenge	Ken Jackman Hall – Darius Wells Library and Resource Centre No registration required All ages
	Wednesday	30	10:30am to 1:30pm	Bertram Fun Day	William Bertram Community Centre No registration required All ages
	Thursday	1	10am to 12pm	Drawing Lessons with Morris*	Darius Wells Library and Resource Centre Ages 6 to 12 years Registrations required Places are limited
3:30pm to 4:30pm			Buttoned Up**	John Wellard Community Centre Ages 6 to 12 years Registrations required Places are limited	
Week Two					
October 2015	Tuesday	6	10am to 12pm	Springtime Fun	Frank Konecny Community Centre Bring along a plate of food to share. No need to book, just come along! For more information, call 9439 2470.
			1pm to 3pm	Making Owl Cushions* †	Darius Wells Library and Resource Centre Ages 6 to 12 years. Registrations required. Places are limited, maximum two children per adult.
	Wednesday	7	10am to 12pm	Making Dream Catchers* †	Darius Wells Library and Resource Centre Ages 6 to 12 years. Registrations required. Places are limited, maximum two children per adult.
	Thursday	8	1pm to 3pm	Games in the Square	Chisham Square – Darius Wells No registration required All ages

* Drawing Lessons with Morris, Making Owl Cushions and Making Dream Catchers: children under the age of 6 years will not be permitted in the room during the activity. The crèche is available 9am to 3pm. Bookings essential, crèche fees apply.
** Buttoned Up at John Wellard Community Centre: children under the age of 6 years will not be permitted in the room during the activity. The crèche is available during the session. Bookings essential, crèche fees apply.
† Making Owl Cushions on the 6 October and Making Dream Catchers on 7 October: Children may only participate in one not both due to limited spaces.

City of Kwinana

Darius Wells Library & Resource Centre

Registrations: Call 9236 4320 or drop in to Darius Wells Library and Resource Centre, Monday to Friday 9am to 5pm – 2 Robbos Way, Kwinana. Registrations will not be accepted via email.



Can Saver Plus assist you with school costs?

Join Saver Plus and match your savings, dollar for dollar, up to \$500 for educational costs including:

- school uniforms and text books
- computers, laptops and tablets
- excursions and camps
- sports equipment, uniforms and lessons
- music tuition and instrument hire.

You may be eligible if you have a Health Care or Pensioner Concession Card, are at least 18 years old, have some regular income from work (you or your partner) and have a child at school or study yourself.

Contact Jacqui Brooker, your local Saver Plus Worker:
(08) 9265 5585 / 0418 663 585
or jacqueline.brooker@thesmithfamily.com.au

Saver Plus was developed by ANZ and the Brotherhood of St Laurence and is delivered across Kwinana and Rockingham by The Smith Family. The program is funded by ANZ and the Australian Government.



Do you struggle to manage your feelings and moods? Link onto Life is a therapeutic group that guides participants through learning healthy ways to manage emotions and introduces new coping skills for difficult life experiences. This is a twelve week program guided by Dialectical Behavioural Therapy (DBT) techniques and includes eight weeks of face to face group work, and four weeks of pre and post group activities.

When

14-17yo group
Tuesday 13 October 4pm-5.30pm
(pre-group activities begin 29 September)

18-24yo group
Thursday 15 October
(pre group activities begin Thursday 1 October)

Where

headspace Rockingham
Unit 3, 18 Goddard Street, Rockingham

Contact

6595 8888
hello@headspacerock.com.au

Murdoch HREC approval: 2015/2016



headspace National Youth Mental Health Foundation Ltd is funded by the Australian Government Department of Health and Human Services under the Youth Mental Health Initiative Program

TIPS ON BALANCING THE REAL AND VIRTUAL WORLD

(robyn.hromek@det.nsw.edu.au)

DIGITAL TECHNOLOGY

	Pluses	Potential Minuses
SUPPORT GROUPS	information belonging	antisocial practice
SOCIAL MEDIA	easy to stay in touch	inappropriate content
EDUCATION	monitor wellbeing	bullying, predation
SEARCH ENGINES	easily customised	friendship intensification
INSTANT ACCESS	engaging	variable quality; loss of skills, handwriting
EVERYWHERE	quick access to information	manipulation, data mining, info overload
RECREATION	wherever, whenever	shallow coverage of complex issues
OPEN COURSES	convenient access	hard to turn off
	no need to wait	sleep disturbance
	relaxation, fun	reduced 'real-time'
	flow, games	unsuitable themes
	short-term use	potential for overuse
	by busy parents	and overdependence
	easy access, free	loss of academics,
	large no.s of students	impersonal, how to assess?

What to do before problems arise.....

Teach kids about safety issues – put sensible guidelines in place

- Do your research and talk about safety issues with the kids, family, friends
- Take an inventory of family usage – model healthy lifestyles
- Have lots of 'real time' activities – play games in the sun – sport, books, libraries, parks, bikes, trees, hobbies, music, pets, boardgames, bush walks, family, friends
- Hold family meetings - negotiate rules about technology; create computer-time rosters; schedule screen-free days; put mobiles away at night, teach digital etiquette like no phones at the dinner table, turn off WiFi at night
- Follow paediatric advice for developmentally appropriate screen exposure, including TV eg very little screen time under 2; 1 hr/day preschool to 8; 2 hrs/day children over 8;
- Allow boredom, encourage free play and creativity
- Keep digital technology in common areas
- Be firm and consistent with limits and guidelines
- Monitor content. Play their digital games with them, go net-surfing together
- Teach about cyber-safety – be strict with privacy settings, use blocks and passwords, protect personal details, log out of social networks, be aware of digital footprints
- Talk about cyber-bullying – how to seek help - how not to be a bully
- Look after the body - posture, frequent breaks, look into the distance, deep breaths, adequate sleep, sunshine, exercise, food and water
- Monitor social, academic, health, psychological wellbeing

BRONZE MEDALLION COURSE

Starts Monday 26 October 7pm at the
Secret Harbour SLSC
Course will run Monday / Wednesday nights & Sunday mornings.
(All decided as a group on the first Monday night)
Must be a paid up member+ \$100 Course Fee

Part of the Club.....Part of the FUN!

You will receive:

- SLSC Training Manual
- Medallion & Certificate
- National Accreditation
- Patrol Uniform (If you Patrol)
- Course Modules include CPR, Defib, Spinal, Radio, Risk Management & Water Rescue Techniques
- Life Learnt Skills

**Bronze Medallion Certificate is a course suitable
for anyone over the age of 15.**

**Candidates will be taught & assessed on performing rescues,
identifying dangers, resuscitation, basic emergency care
and supervision skills.**

Pre-requisites: Participants must be a min of 15 yrs of age by December
11th 2015 and complete a 400m swim within 9 minutes in a pool.
Adults/Parents & Youth Welcome! Not yet 15yrs? Ask about the Surf
Rescue Certificate for 13yrs min.

****For more information or to register your intentions
call Gaz 0437688710 OR Sarah 0438331780**



Supporting Young Australians

Scholarship Opportunity for Students

The Young Australia League is offering scholarships to young people through a trust established in honour of its founder, J.J "Boss" Simons. Scholarships of up to \$12,500 are available to successful applicants aged 12 to 25 years. To find out more go to www.yalscholarships.org.au

Applications close 30 October.

Skoolbag

Smartphone school to parent communication

Gilmore College now has our own Skoolbag iPhone and Android App to help us communicate more effectively with our Parent/Student community. We are asking parents/students to install our Skoolbag School App. To install it, just search for our school name "Gilmore College" in either the Apple App Store, or Google Play Store.

Parents/caregivers can download the Skoolbag Parent Instruction PDF by following the link: <http://www.skoolbag.com.au/app/admin/parentinstructions.pdf>. Alternatively, copies are available from our Main Administration.



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An Independent Public School

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Important Numbers

Attendance	9411 1823
Library	9411 1842
Main Administration	9411 1811
Student Services	9411 1823